# Pre-Med Planning Guide

As you begin this Planning Guide, here are a few important things to consider:

- Review the <u>Planning for Medical School</u> online workshop offered by the U of M Pre-Health Student Resource Center before you complete this Planning Guide, or as you are working on it.
- Consider what medical schools you plan to apply to, as that will drive your choice of prerequisite courses.

Name:	Email:
Major(s):	Year in School:
Minor(s):	Current GPA:
Previous Degrees:	Expected Graduation Date:
State of Residence:	Expected Date of Application:
Are you applying as an international student?	

#### Part 1: Academic Information and Coursework

Academics and Prerequisites	Courses Completed or In Progress:	Grade	Courses Planned:
Status of prerequisite courses for medical schools I'm targeting. Include grade received and term completed.	Ex. BIO 151	A-	
Visit this <u>link</u> to find prerequisites for regional allopathic and osteopathic medical schools to which Augsburg alumni often apply.			
Prerequisites can vary from one school to another; research those programs to which you are interested in applying.			

## Part 2: Experiences

This is not a checklist. These activities should be a reflection of your interests and passions.

Experiences	Completed or In-Progress:	Time (length of commitment):	New or Future experiences you plan to gain & when:
<b>Work</b> Employer, position			
<b>Volunteer</b> Organization, position			
<b>Shadowing</b> Who (and their degree), where, when			
<b>Research</b> Where, topic			
Learning Abroad Destination, topics studied			
Student Organizations Organization, position			
Other Experiences?			

# Part 3: Letters of Evaluation

Letters of Evaluation	List the people you plan to ask to write a letter in support of your application. Describe who they are and why you are choosing them.
Identify 2-3 people who could complete a letter of recommendation for you. Here is some advice on letters of evaluation from the URGO website: <u>Student Evaluation Guidelines</u> <u>Faculty Evaluation Guidelines</u> - Students should share the faculty evaluation guidelines with those who have agreed to write letters of evaluation.	1. 2. 3.

МСАТ	
The MCAT is required by almost all U.S medical schools. <u>Learn more about</u> <u>the MCAT on the AAMC</u> <u>website.</u>	Practice test(s):   Composite Score   Chemical and Physical Foundations of Biological Systems Section   Critical Analysis and Reasoning Skills Section   Biological and Biochemical Foundations of Living Systems Section   Psychological, Social, and Biological Foundations of Behavior Section   I plan to take the MCAT on the following date:   If already completed, list your score. Please list your composite score and breakdown of scores by section:   Composite Score   Chemical and Physical Foundations of Biological Systems Section   Critical Analysis and Reasoning Skills Section   Biological and Biochemical Foundations of Living Systems Section   Psychological, Social, and Biological Foundations of Living Systems Section

# Part 4: Medical College Admission Test (MCAT)

#### Part 5: Medical School Research

When researching medical schools that you would like to apply to, it can be helpful to compare different schools. Here are some criteria that may be helpful in determining potential schools and the competitiveness of your overall profile.

School Name	Prerequisites	MCAT	GPA	Science GPA	Experiences	Resident, Non-Resident, International

## Other Criteria:

Feel free to add other criteria to the table above (or make a new one) to consider other criteria.

- Application Fee
- Tuition
- Financial aid options
- Number of applicants / Percent accepted
- Institutional mission
- Student body/school size
- Accredited program?
- Combined degree programs
- Acceptance rate of residents vs. non-residents
- Research opportunities
- Diversity of student body
- Location and climate
- Applications accepted from international applicants?