

# AUGGIE CAREERS E-NEWSLETTER

Volume #18 April 2009

## Greetings Auggies!

The E-Newsletter has been designed to be a quick guide to **upcoming events, workshops, career advice and other “good stuff”**. **The Center for Service, Work, & Learning (internships, career services, community service-learning & campus kitchens) will be producing a monthly e-newsletter.** This will be our last newsletter until September 2009.

**CSWL Hours** - Monday-Thursday 8:30-5:00 and Friday's 8:30-4:00. Please call us at 612-330-1148 to schedule an appointment for career counseling, resume writing assistance, interviewing assistance, job search and more.

## Upcoming Events

### Education Job Fair

Monday, April 6<sup>th</sup>

Minneapolis Convention Center

Cost : Pre-register \$15 At door \$30

Fair is for current students who will have a licensure to teach fall 2009 and/or alumni. Visit with a number of school districts around the nation.

For more information visit <http://www.mcucsa.org/mnedfair/>

### Idealist Non-Profit Career Job Fair

Tuesday, April 14th

12:00-4:00 p.m. Exhibit Hall Open

10:00 -4:00 p.m. Free Workshops and Panels

University of Minnesota, Coffman Union (10 min. walk from Augsburg)

<http://www.idealists.org/if/idealists/en/CareerFair/Viewer/default?career-fair-id=210>

## Resource Highlights

CSWL will be open all summer with limited hours. If you would like assistance with your resume, interviewing skills, job search and more... call us at 612-330-1148 to make an appointment.

Click on the following for links to: [Resources for finding Internships](#) or [Employment Opportunities](#)

**Aug Post** - Over the summer CSWL made enhancements to the AugPost site. Take a minute now and check it out! This website lists internships, part-time and full-time employment opportunities and upcoming events. **Positions are updated daily.**

**Jobs/Internships In Minneapolis** – web site that lists jobs and internships

## **Want That Job? 6 Body Language Tips**... (Resource: Career Builder, Janine Driver, "Lyn' Tamer")

**1. The wet fish versus the bone crusher** -The handshake tells a story about each of us. Do you shake hands softly? Do you come in from the top and deliver a "bone crusher"? Aggressive people have firm handshakes; those with low self-esteem have limp, "wet fish" handshakes.

**2. The eyes have it** - What's considered an appropriate amount of eye contact may vary in different countries. In North America, 60 percent eye contact is a safe figure -- one that can give hiring managers a feeling of comfort about you. More eye contact than this and you may seem too intense; any less and you risk appearing uninterested.

**3. Get it straight** -Posture is an important thing to master on an interview: Get your posture straight and your confidence will rise with it. Next time you notice you are feeling a bit down, pay attention to how you are sitting or standing. Chances are you'll be slouched over with your shoulders drooping down and inward. This collapses the chest and inhibits breathing, which can make you feel nervous or uncomfortable.

**4. Get a "head" of the game** -When you want to feel confident and self-assured during an interview, keep your head level, both horizontally and vertically. Also assume this position when your goal is to be taken seriously. Conversely, when you want to be friendly and in the listening, receptive mode, tilt your head just a little to one side or the other.

### **5. Arms lend a hand, too**

Arms offer clues as to how open and receptive we are, so keep your arms to the side of your body. This shows you are not scared to take on whatever comes your way. Quieter people tend to move their arms away from their body less often than outgoing people, who use their arms with big movements. Keep gestures within the frame of your body, or you'll risk being seen as out of control. Avoid the negative action of crossing your arms during the interview.

### **6. Get a leg up on the competition**

Our legs tend to move around a lot more than normal when we are nervous, stressed or being deceptive. As a result, try to keep them as still as possible during the interview. You should not cross your legs during a job interview, as it creates a barrier between you and the interviewer and may lead to fidgeting. When you cross your ankle at the knee, this is known as the "figure four," and is generally perceived as the most defensive leg cross.

## **Career Highlights**

Augsburg Alumni Mark Duffy from **Farmer's Insurance** will be on campus, Wednesday, April 8th from 1-4:00 p.m. He would like to meet with students that are interested in learning more about Farmers Insurance Agents. As a Farmers agent, you will work with your customers, letting them know what coverage's are available to them through every stage of their lives. Farmer's agents offer their communities Auto, Home, Business and Life insurance products. Farmers is now more than an insurance provider. Today, Farmers provides its customers with Financial Services that help them achieve their dreams and insurance products that help solve their worries.

If you are interested in learning more visit [http://www.farmers.com/FarmComm/insurance\\_agents.html](http://www.farmers.com/FarmComm/insurance_agents.html) We would also like you to contact our office at [tilton@augsborg.edu](mailto:tilton@augsborg.edu) to arrange a time to meet with Mark. Even if you slightly have an interest Mark is happy to sit and chat with you about this career. Questions - call Sandy x1472

**Aerotek Professional Services** – [www.aerotek.com](http://www.aerotek.com) Currently they are working with a fortune 500 bank in the Twin Cities who are looking to hire 30 call center, customer service representatives. These are long term contract positions that pay \$12.50 per hour. No cold calling or telemarketing calls. Qualified candidates must contact Miguel (2008 Alumni) at 952-814-2813 or [msotamba@aerotek.com](mailto:msotamba@aerotek.com)

***SPRING WILL BE HERE SOON....***