

TRIO/SSS TRI SPRING 2015

Volume 3, Issue 2

Study Abroad?

If you have been thinking about studying abroad, now is the time to look into the many different programs that are available through Augsburg Abroad and Center for Global Education (CGE). There are literally hundreds of programs in hundreds of countries around the world. You can decide whether you want to do advisor. Also, Augsburg Abroad a short-term or a long-term program. Short term programs can run anywhere from 2-5 weeks and 10:00 am to noon all spring segive you an opportunity to experience going abroad without the long-term commitment.

You can also do a semester or year-long program, and depending on where you go, the cost of tuition can be cheaper. The best part about studying abroad is that your financial aid package goes with you making it affordable. If you are not sure how to get started, talk to your TRIO/SSS will be tabling in the Christensen Center every Wednesday from mester to answer any questions or concerns you might have. So, take the time to visit them and explore your options!

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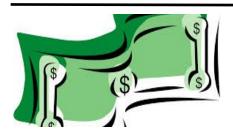
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Free Money!

Are you in need of some extra cash? Of course you are! A reminder that many scholarship applications are due this spring for the 2015-16 academic year. We have a wonderful list of scholarship opportunities in our office. Please stop by and grab one. Start early on the application process so you don't miss out. Questions? Make sure to ask your TRIO/SSS Advisor.

Check Out Equipment from TRIO/SSS

Each semester, our office has equipment available for check-out, including:

- Laptops
- Graphing Calculators
- Smartpens

These items are available on a first-come, first-serve basis to currently-enrolled active TRIO/SSS students only. Items can be checked out in TRIO/SSS office starting on Tuesday, January 13, 2015.

While Laptops may be borrowed month-tomonth, calculators and Smartpens may be checked out for the entire semester. Equipment goes fast!





Laptop checkout schedule

January 13– due February 12 by 3pm February 16– due March 12 by 3pm March 24– due April 30 by 3pm



All Equipment must be returned to the TRIO/SSS Office on Thursday, April 30, 2015 by 3:00pm (No Exceptions)

Spring 2015 Workshop Schedule and Events

Join fellow TRIO/SSS Auggies at one of the various workshops offered throughout the semester. Every month, we will explore a new topic related to your academic, financial, personal, and career goals. We will hold two sessions for each workshop, unless otherwise noted. TRIO/SSS participants should attend at least two workshops per semester. Sign up at the TRIO/SSS Office!

January

"Summer-Not Just a Vacation"

Tuesday, January 20 4:00pm-5:00pm Location: Lindell 202

Wednesday, January 21 12:00pm-1:00pm

Location: Cedar Room, CC

-bring your lunch

"What Student's Don't Know"

Tuesday, January 27 4:00pm-5:00pm Location: OGC 100

Wednesday, January 28

12:00pm-1:00pm

Location: Riverside Room, CC

-bring your lunch

Meet with your TRIO/SSS Academic Advisor at least 3 times per semester. Schedule an appointment NOW! (612) 330-1313

February

"Discover Your Skills and Learn TBI

to Promote Them"

Thursday, February 5 12:00pm-1:00pm

Location: Cedar Room, CC

-bring your lunch

"From Backpack to Briefcase"

Tuesday, February 10 4:00pm-5:00pm Location: OGC 103

Wednesday, February 11

12:00pm-1:00pm

Location: Marshall Room, CC

-bring your lunch

<u>"MN Private College Job & Internship Fair"</u>

Wednesday, February 18 9:00am-3:00pm

Location: Minneapolis Convention Center 12:30pm-1:30pm

**Must register by Feb. 13 through

Strommen Center (Tell them you are TRIO/SSS Student & we will cover registration fee)

March

April

"FAFSA Information & Completion"

Wednesday, April 1 2:00pm-3:30pm

Wednesday, April 8 12:00pm-1:00pm

Tuesday, April 14 4:00pm-5:00pm

Tuesday, April 21 8:30am-9:30am

Location for FAFSA Workshops: SVE 201 for all dates, except 4/21, which is in SVE 205.

"Life After College"

Tuesday, April 7

Location: Riverside Room, CC

-bring your lunch



Stay In and Be Productive

By: Kevin Cheatham, Assistant Director

Back in October I declared that, "fall may be my favorite time of year." Well, I certainly am not going to say that about winter. Winter was cool (ha!) when I was a little kid. There was nothing more exciting than getting a snow day, especially if you attended a Minneapolis Public School because you know how rarely it happened. I loved to go sledding at Powderhorn Park, home to many hills and a frozen over lake that was great for ice-skating. I remember going home soaking wet after hours of sledding, and being home only long enough to have some tasty hot chocolate and change into dry clothes before heading out for more sledding. Yeah, winter was great then.

Now, not so much. Yep, I said it, "Boo to winter!" Winter and I are not friends. I dread scraping the ice from my car and driving to places on slippery streets. And don't get me started on the extreme cold. The outside temperature should not be lower than it is in a walk-in freezer. Ever. I will admit that the snow is pretty when it has freshly fallen.

But once it gets all dirty and slushy, just no. It'd make my life if the snow would promptly melt for good once the holiday festivities are over. But this is Minnesota, and that is wishful thinking at best.

Okay, Kevin, we get it. You don't like winter. So where is all of this going? Well, one thing that winter does do now is keep me indoors where it is nice and warm. And when I was a student, indoors is where I needed to be to study. I mean, it was cold outside so what else was I going to do? There were few distractions in the basement library study room at my alma mater. The basement study room was a quiet place where I could focus. And being in the library meant resources such as the Apple Macintosh SE and the good 'ol index card drawer, pre-Google and Wikipedia necessities, were conveniently at my fingertips. The library was the place where, outside of the classroom, I learned the best.

One of the challenges that students have now is figuring out how and where they learn best outside of the classroom. Students have to manage so many

distractions. Studying in your room is certainly convenient, but there are many things there that can make it hard to pay attention to studies: your television, a roommate or two, your phone, and a comfy bed to name a few. That's not to say your room isn't a viable option, but it's not always the best choice. And I am guilty of studying in my dorm room. But one great thing about a college campus is all of the places that students have to study that *aren't* their room. I've already mentioned the library as an ideal place, especially because of the individual and group study rooms available. And I can't forget about the great reference librarians in the library!

The coffee shop works for some students. And we have many empty classrooms that students might use once classes are done for the day. My point, knowing how to study also includes knowing where to study. Figure out what works best for you. And then use that. Often. And once you're done studying, bundle up and go relive your childhood. However, I won't be joining you until it's at least 60 degrees or more.

Important dates to remember

1/19/2015 – Last day to drop without a "W" on your transcript & 100% tuition refund

1/26/2015 - Last day to add class with faculty signature

2/25/2015 - Last day to withdrawal with 50% tuition refund

3/13/2015 – Last day to withdrawal and/or change grading option

3/16/2015 - 3/22/2015 – Mid-Term Break – NO CLASSES

4/3/2015 – Good Friday – NO CLASSES

4/6/2015 - 4/22/2015 – Summer/Fall Registration

4/24/2015 – Last day of classes

4/27/2015 - Finals Begin

5/2/2015 - COMMENCEMENT

Do you have a friend who is interested in TRIO/SSS? If so, please have them stop by the TRIO/SSS office and complete an application.

Summer--Not Just a Vacation

By: Melody Geiger, Academic Advisor

As Minnesotans, I think we all look forward to the summer. As Kevin noted in his article, winter in Minnesota is so cold and unless it has freshly snowed it can also be kind of ugly outside with the dirty snow and lack of "greenness." Of course, hearty Minnesotans make the most of winter and get outside to do things like ski, sled, snow board, ice skate and attend events like the Winter Carnival. However, most would still agree that our winters are too long and our summers are too short.

With that said, Augsburg students actually have about a 17 week "summer vacation" if they are not taking summer courses.

Due to the increasingly fierce competition for graduate school, medical school and job placement, it is important to use those weeks to gain experiences that will help one keep up with the competition.

A student might read this and say, "I would love to gain experiences, but I need to make money." There are many options where students can gain important experience and make money at the same time, however it usually requires some research and planning to find and apply for them. Paid research is available at Augsburg through the TRIO/McNair program and URGO (Undergraduate Research and Graduate Opportunity) office. Students may find paid internships through the Strommen Center for Meaningful Work.

The Girls in Engineering, Mathematics and Science (GEMS) and Guys in Mathematics and Science (GISE) programs offer pay for Augsburg students to gain valuable teaching experience while building their own confidence and knowledge in math and science. In addition to these and other on campus options, there are also many valuable off campus opportunities as well.

To learn more about summer experiences and begin planning, attend the TRIO/SSS "Summer--Not Just a Vacation" workshop on January 20th from 4-5 pm in Lindell 202. If you are unable to attend the workshop, this would be an excellent reason to schedule an appointment with your friendly, knowledgeable TRIO/SSS advisor.

2015 TRIO Adult Student Leadership Conference "Honoring Our Past, Owning Our Future" Saturday, February 7, 2015 University of Minnesota, Twin Cities, Coffman Memorial Union 8:30 a.m. -4:00 p.m.

(Conference is sponsored by MnTRIO Association and University of MN, Twin Cities)

Join other TRIO students to gain new insight, share strategies, develop leadership skills, strengthen civic engagement, and change the future. This year's conference theme is "Honoring Our Past, Owning Our Future." The conference will focus on the important work of Education. In its 50-year history, TRIO has created access pipelines for students, has strengthened campus climate across the nation, improved scholarship in education, and increased institutional viability for colleges and universities. The need for change is greater than ever because low-income students, students of color, and students with disabilities are still being left behind when it comes to higher education. Join together at this year's TRIO Adult Student Leadership Conference to re-commit to the challenge of equal access to higher education.

If you are interested in attending the conference, please let us know ASAP! Space is limited!

Checklist for Spring

By: Xia Xiong-Vang, Academic Advisor

Congratulations! You made it through fall semester and are one step closer to graduation. Whether you are commencing this spring or in three years, now is the time to revisit your personal, academic, and career goals. Looking at your goals is a great reason to meet with your TRIO/SSS advisor. If you haven't already done so, it is also a good time to discuss your long term plan with your TRIO/SSS advisor to make sure you are on track to meeting those goals.

If you are graduating this spring, hopefully you have already submitted an "Intent to Graduate" form. If not, this needs to be done ASAP! Ideally, you should submit this form at least one year before you plan to graduate and you complete it with your faculty advisor. This process allows both the college and you to make sure that you have completed all major, minor, and Core Curriculum requirements. It also gives you time to plan how to finish unmet requirements so that you do finish on time. If you plan to commence (walk at the graduation ceremony), make sure you keep an eye out for commencement information which is usually posted by the end of February. There will also be information

about purchasing your cap and gown in A-mail. If you have borrowed any federal loans (which I know all of you have), you will need to complete loan exit counseling before you can graduate. TRIO/SSS along with Student Financial Services will have a "Life after College" workshop on Tuesday, April 27 from 12:30pm-1:30pm that will cover loan repayment and other post-college transition issues. This will be a great opportunity for you to discuss any loan repayment questions or concerns with one of the Financial Aid Counselors.

If you are currently a junior, now is the time to plan for your life after graduation. Are you planning to get a job, go to graduate school, or take a year off after graduating? Whatever you choose, you should have a tentative idea. If you are planning to work, you should be networking with employers, seeking internship opportunities, attending job fairs, and meeting with the Strommen Center to create or update your resume. If you're thinking about graduate school, you should be researching graduate programs and meeting with URGO (Office of Undergraduate and Graduate Opportunity) to discuss application process and timeline. You should also be applying for graduation by submitting your Intent to Graduate form. Sophomore

students should have declared or be close to declaring a major by now and have a faculty advisor for your major. It is recommended that you declare a major no later than your sophomore year so that you have enough time to complete all the requirements. Meet with your TRIO/SSS advisor to complete or update your long term academic plan to make sure you are on track to graduate. Also, make sure to explore internship, study abroad, and research opportunities. Summer break is a great time to take advantage of these opportunities.

First year students, you have survived your first semester of college. This is a huge accomplishment and you should be very proud. One semester down and seven more to go (a piece of cake). From here on out, it's smooth sailing to graduation (minus the bumps along the way). Continue to explore your interests by taking different classes and getting involved on campus. Continue to do well in your classes (or do better if you didn't do so well), meet new people, and ask for help when you need. Remember, we are here for you and we cannot help you if we don't see you. Have a great spring semester! Hopefully you'll get to enjoy some spring weather before the end of the academic year (I'm crossing my fingers)

TRIO/SSS Student Workers at the Front Desk-Spring 2015

Brad Marcy '15 TRIO/SSS
Ashley Olson '15 TRIO/SSS & ASO
Hassan Sankoh '15 TRIO/SSS & ASO
Dahvid Ear '17 TRIO/SSS
Kalyn McConnell '18 TRIO/SSS
Pang Xiong '18





