



TRIO/SSS TRIBUNE

Fall 2017

Volume 6, Issue 1

Welcome Back!

By: Aly Olson, Director

Welcome new TRIO/SSS students and welcome back, continuing students! We are excited to get (back) to work with you! Please know that we in TRIO/SSS are in a state of transition now as we work to bring on a new Program Assistant and new front desk staff. Lani Moua left in June to a cool new position with Bethel University, and we are getting close to hiring a replacement for her. I will send a notice to all the TRIO students about new staff hires, as soon as I can!



In the meantime, amid all the hubbub of starting the fall term, please be sure to check in with your TRIO advisor: new students, plan to do this AFTER you have attended the TRIO Orientation. Summer Bridge 2017 students, you should already have advisor appointments scheduled. Continuing students, you can schedule this whenever it works for you this month. As always, if something pressing comes up, call or stop by to see if we're available! We don't want you to wait if we can help it. Remember, successful students ask questions-- of their teachers, of their advisors, of their peers. Ask!

There is a lot of good information in the rest of this newsletter, including highlights of fall workshops and tips for choosing a major. I encourage you to read it and to read all the news we will send in a group email at the beginning of each week.

See you soon!

Aly O

Inside this issue

Equipment Checkout.....	2
Dean's List.....	3
Follow TRIO/SSS.....	3
UpTurnships.....	4
Workshop Calendar	5
2017 TRIO SSS Graduates.....	6-7
Decisions, decisions.....	8
Auggie Pride.....	9
Summer Bridge 2017.....	10-11

TRIO/SSS Equipment Checkout

Each semester, the TRIO/SSS office has equipment available for check-out, including: **Laptops, Graphing Calculators, and Smartpens.** These items are on a first-come, first-serve basis to current enrolled active TRIO/SSS students only. Items can be checked out in the TRIO/SSS office starting on **Wednesday, September 6, 2017 at 10am.**



****Laptops may be borrowed month-to-month, but calculators and Smartpens may be checked out for the entire semester. Please stop by the TRIO/SSS office if you're interested in checking out an equipment.**

Laptop check-out schedule



September 6, 2017 at 10 am——due October 6, 2017 at 3pm

October 10, 2017 at 10 am——due November 10, 2017 at 3pm

November 14, 2017 at 10 am— —due December 15, 2017 at 3pm

We are currently out of laptops for the month of September. Please check back on October 10th if you would like to check out a laptop.

All Equipment are due back to the TRIO/SSS office on Friday December 15, 2017 by 3pm.

Note: If equipment is returned after the due date without approval from the TRIO/SSS office, you can lose future checkout privileges and can possibly acquire fees to your student account.

****TRIO/SSS also have limited school supplies such as folders, notebook, pens & pencils available for free to active TRIO/SSS students. Please stop by the TRIO/SSS office!**

Spring 2017 Dean's List

Congratulations to the following TRIO/SSS students for being named on the Dean's List. The Dean's List recognizes students who receive a 3.5 GPA or higher at the end of each semester.

Mahamed Ahmed
Symone Brown
Emily Cherne
Jasmira Colon
Suphawan Deewon
John Dewitt
Zahro Dhayow
Daijah Frazier
Noah Greenfield
Andre Griffin
Mubarik Hassan
Nawal Hersi
Kitana Holland

Khadra Ibrahim
Moemen Ibrahim
Shawn Jagdeo
Christian Kardio
Baoyia Kong
Samantha Kong
Civastina Kyewaa
Kong Meng Lee
Bethany Lor
Nancy Lor
Alma Lora
Briana Mitchell
Ramla Mohamud

Taneasha Muonio
Teresa Nguyen
Kassie Quintero Diaz
Abdul Sharif
Cassidy Strobl
Christine Tang
Anna Vang
Mai Xee Vang
Mai Bao Vue
Panyia Vue
Marka Wreh
Salena Yang

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AUGGIES

UpTurnships = Paid Internships and More

By: Melody M. Geiger, Academic Advisor

Did you know that 80% of employers are looking for new graduates who have completed a formal internship? Paid internships seem to make a difference to employers as well. According to the NACE (National Association of Colleges and Employers) 2013 student survey, 63% of college graduates who had paid internship experience received a job offer as compared to only 37% of those who had an unpaid internship and 35% who had no internship experience. Did you know that many employers hire interns in the fall for positions the following summer? Students often miss great opportunities because they are not aware of this. It definitely pays (literally) to plan ahead!

TRIO/SSS is here to help students be successful in college and to graduate while also preparing students for life after college. With this in mind, I am excited to share information about a special partnership that TRIO/Student Support Services (SSS) has formed with a non-profit organization called UpTurnships. To put it simply, UpTurnships was created to give motivated students who are under-resourced (this can mean many things but being a student from a low-income and/or first generation background fits), career success through training, coaching, and paid internships during college.

Since UpTurnships began in 2014, 78 students have participated and nearly 1/3 have been Augsburg TRIO/SSS students. Each participant received 160+ hours of training on key skills identified by employers, 350+ hours of paid work transferable to future jobs, and one-on-one coaching with successful business professionals. The training included building skills and getting to know oneself better through learning one's strengths. Participants' strengths were assessed through the Strength Finder tool. Skill building included the areas of: how to make a good first impression, effective communication, organization, and technical. All participants concluded the summer experience with a career goal and development plan and 70% receive offers to continue working in their internships into the fall. Another impressive outcome is that 85% receive a full-time offer in their field within two months of graduation!

If you are a current sophomore or junior, you can learn how to apply for participation in this great program next summer by attending the upcoming information/resume workshop led by the UpTurnships staff. How great would it be to plan ahead and know you will be learning and making money next summer?! Stop by the TRIO/SSS office to register for the workshop on Wednesday, September 13th from 4:30 – 5:30 pm. If you are unable to attend, due to class or work commitments, please let your TRIO/SSS advisor know.

Also, all students are encouraged to sign up for the Career/Internship Fair that will take place on September 28th from 3:00-5:30 pm in the Hoversten Chapel, Foss Center. You can find out more information about the Fair and preparation sessions by talking to your advisor and going to the Strommen Center website: <http://www.augsburg.edu/strommen/calendar/fall-2017-career-internship-fair/>.



2017 Fall Workshop Schedule

September

Welcome Back Open House

Thursday, September 7

1:00 pm - 3:00 pm

Location: TRIO/SSS Office

TRIO/SSS New Student Orientation

(Required session for all new students)

Monday, September 11 @ 12:30-1:30pm

Location: LIN 301

Thursday, September 14 @ 3:45-4:45pm

Location: LIN 301

Friday, September 15 @ 8:00 am-9:00 am

Location: SVE 102

UpTurnships Information/

Resume Workshop

Wednesday, September 13

4:30 pm - 5:30 pm

Location: OGC 200

Gilman Scholarship Workshop

Monday, September 18

3:00 pm - 3:30 pm

Tuesday, September 19

11:30 am - 12:00 pm

Location: Oyate Commons, CC

Study Abroad/Away Student

Panel

Monday, September 25

3:15 pm - 4:15 pm

Location: OGC 200

October

Finding Your True Calling

Tuesday, October 10

2:00 pm - 3:00 pm

Location: OGC 100

Wednesday, October 11

12:30 pm - 1:30 pm

Location: Lindell 202

Stress Busters

Wednesday, October 18

12:30 pm - 1:30 pm

Location: Center for Wellness &
Counseling

Money/Debt Management

Monday, October 23

12:30 pm - 1:30 pm

3:15 pm - 4:15 pm

Location: OGC 100

November

Debunking Major Myths

Wednesday, November 1

3:15 pm - 4:15 pm

Thursday, November 2

12:30 pm - 1:30 pm

Location: OGC 100

Internship Palooza

Tuesday, November 7

4:30 pm - 6:00 pm

Location: OGC 202

Renew, Review, Refresh **(Sophomores/2nd year)**

Tuesday, November 14

3:45 pm - 4:45 pm

Location: OGC 200

Wednesday, November 15

12:30 pm - 1:30 pm

Location: LIN 301

Friday, November 17

8:15 am - 9:15 am

Location: OGC 100

December

End of the Semester **Celebration**

Friday, December 15

1:00 pm - 3:00 pm

Location: TRIO/SSS Office

Plan to attend at least two workshops this semester!

**To register call: 612-330-1311, email triosss@augsborg.edu or stop by our office
in the Gage Center in Lindell Library, Suite 201.**

2017 TRIO/SSS Graduates



"Education is the most powerful weapon which you can use to change the world"
-Nelson Mandela





Decisions, decisions

By: Kevin Cheatham, Assistant Director

Welcome back to the start of another year and welcome to Augsburg University! If you're new to the University we hope you are ready to work hard and are up to the new challenges, experiences, and opportunities that Augsburg and TRIO/SSS have to offer. And if you're not so new, we hope that you will continue to do the great things that have kept you moving toward graduation.

"What's your major?" is a question heard frequently this time of year. Juniors and seniors, I hope that (by now!) you can confidently answer this question. You may even add to your answer with your post-graduation plans. But if you're a first year or sophomore, perhaps this is not such an easy answer. You may have started your time here thinking, "My major is biology," until you took that first or second biology class and realized, "Yeah, definitely *not* biology." You thought that you would make a great elementary education teacher until you realized, "Um, I don't really like being around little kids that much." Well, now what? How do you now answer that question, especially when your parents or other loved ones have had their hearts set on you being the first or next (fill-in-the-blank) in the family? How do you give them a satisfying answer that will help them justify contributing financially to your education? Bet you didn't realize that such a seemingly innocent little question could cause you so much grief. Welcome to college and adulthood! Having fun yet?

Keep in mind that it's perfectly fine and normal to be undecided about your academic and life plans right now. I certainly had no clue how things would play out when I was 18. If you had told me then that I would be working with students in this capacity I likely would have rolled my eyes and mumbled some unpleasantness under my breath. And if I had a \$1.00 for every time a student with whom I work has changed their major I would have a lot of dollars.

However, you do have to put on the big kid britches and make decisions at some point. How does your major factor in to what potential employers look for in job applicants? Does it even matter what major you choose? What other skills or things should you consider as you work to your diploma?

These are all good questions and ones that your TRIO/SSS advisor will gladly help you manage. These are also questions that our friends at the Strommen Center also address with students on a regular basis. Keep an eye out for workshops such as "Finding Your True Calling" and "Debunking Major Myths" offered this year through our office and workshops through other campus offices to help you get prepared for your current and post-Augsburg life.



Auggie Pride

By: Xia Xiong-Vang, Academic Advisor



It's the beginning of another academic year and I look forward to seeing returning students and meeting new Auggies. This academic year is especially exciting for me as we transition from Augsburg College to Augsburg University.

You can see the name change all around campus and I'm still trying to wrap my head around it. As an alum of Augsburg, it was a bittersweet feeling as I celebrated the University name change in the Quad earlier this week. It brought me back to when I was a student attending my first day at Augsburg. Now, twelve years later, I am watching incoming students experience the same excitement and uncertainty that I did.

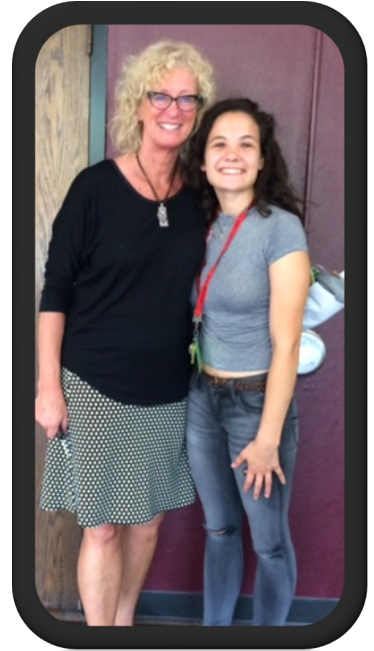
Although so much has changed; one thing that has stayed the same is the pride of being an Auggie. As I watched students, faculty, and staff members gather in celebration, I was reminded of why I love being an Auggie. Seeing the diversity among the students is something that I am proud of and I am honored to be doing the important work that is needed to help support students be successful at Augsburg.

As Auggies, we take pride in serving others and we make it a part of our university's mission. After watching first year students get ready to go out into the neighboring communities and do service work, I renewed my excitement to continue my service of helping Augsburg students navigate being a college student. I look forward to another year working with TRIO/SSS students. Welcome back!



Summer Bridge Shenanigans

2017



Summer Bridge 2017



This past summer, we welcomed twenty-five incoming first-year students into our Summer Bridge Program. This was our 16th Summer Bridge class and it did not disappoint. During this intensive five-week residential program, students got a head start on their Augsburg education by taking two free college courses for credit. In the COM 111: Introduction to Public Speaking, students learned research skills and honed their speaking abilities by presenting individual and group speeches. The class concluded with students competing in a speech tournament in which they gave group speeches. The competition gave students a chance to highlight what they have learned and a chance to support as well as challenge their classmates. In REL 100: Vocation and the Search for Meaning I, students reflected on the meaning of vocation and how having a vocation impacts the way we see the world and live our lives. Through both lecture and discussion, they learned the basics of Judaism, Christianity, and Islam and received an Engaging Minneapolis credit by visiting a nearby synagogue and mosque.

Summer Bridge participants also received a Summer Bridge Promise Grant which covers full tuition up to four years. In addition to classes, students also attended academic support seminars, workshops, and other activities that help provide a smooth transition to Augsburg in the fall. Summer Bridge students also participated in the TRIO/SSS Amazing Race in which they visited various locations within the Twin Cities area. The Amazing Race challenged students to work together with their teammates as well as taught students about the various public transportation available. It was truly an “Amazing Race” with only seconds separating the first place and second place teams. Congratulations to Summer Bridge Class of 2017!

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