

# TRIO/SSS TRIBUNE

FALL 2014



Volume 3, Issue 1

## In this Issue

Fall 2014 Workshop Schedule

Pg. 2

Important Dates to Remember

Pg. 2

Equipment Checkout

Pg. 3

Fall is Here!

By: Kevin Cheatham

Pg. 3

Helpful Resources

Pg. 4

Augsburg Experience?

By: Melody M. Geiger

Pg. 4

Best Practices

By: Xia Xiong-Vang

Pg. 5

Summer Bridge Class 2014

Pg. 5

2014 TRIO/SSS Graduates

Pg. 6

TRIO/SSS Staff Contact  
Information

TRIO/SSS Student Workers

Pg. 7

## Letter from the Director

### Internships and Working the "Right" Jobs

By: Aly Olson, Director

We in TRIO/SSS know you are working hard – both in your classes and in your work study or off campus jobs. We know it's scary to see that first student account statement and wonder, "*How will I ever pay for this?*" Your TRIO/SSS Advisor is here to help you figure out your payment planning and options, but I really want to talk about why it is actually *important* to work during your college years.

Yes, it's difficult to balance school work, sports, activities, service or volunteer commitments, family, faith commitments... AND to have to work a bunch of hours to pay for school. We always encourage full-time college students to reduce

work commitments to a maximum of 20 hours a week so you can maintain that balance in your life, but did you know that employers actually *want* to see college work experience when they are hiring?

According to a study published in the Chronicle of Higher Education, and cited in Business Insider, "employers place more weight on experience, particularly internships and employment during school vs. academic credentials including GPA and college major when evaluating a recent graduate for employment." Now, don't go telling people that Aly at TRIO/SSS said your college grades don't count—because they *do*: when you study hard and earn good grades, you are more likely to get a competitive internship. So it's *all* important. But don't dismiss the work that you do in your part time jobs! Aim for the jobs that give you skills that can help you get other jobs. These are called transferable skills and the trick is to highlight that work on your resume and in your interviews as you move along in your college and work career.

Want to know more? Of course you do! Go to the Strommen Center for Meaningful Work, either in person or online. They have great resources and tips to developing resumes, using transferable skills and applying for internships.

<http://www.businessinsider.com/what-employers-look-for-in-recent-college-graduates-2014-8>  
<https://chronicle.com/items/biz/pdf/Employers%20Survey.pdf>

### Strommen Center for Meaningful Work

#### Open House

Thursday, September 11

2pm-4pm

Suite 100, Christensen Center

\*Treats will be provided

Learn about upcoming job  
fairs, employers visiting  
campus, internship  
opportunities and more at  
<http://www.augsburg.edu/strommen/>

# Fall 2014 Workshop Schedule and Other Events!

Join fellow TRIO/SSS Auggies at one of the various workshops offered throughout the year. Every month, we will explore a new topic related to your academic, financial, personal, and career goals. We will hold two sessions for each workshop, unless otherwise noted. TRIO/SSS participants should attend at least two workshops per semester. Sign up at the TRIO/SSS Office!

## SEPTEMBER

### *Welcome Back Open House*

Friday, September 12, 2014

2:00 pm- 4:00 pm

Location: TRIO/SSS Office

### *International Scholarship for Study Abroad*

Tuesday, September 16, 2014

3:45 pm-4:45 pm

Location: Marshall Room

Co-sponsored by Augsburg Abroad,

Latino Student Services and

TRIO/SSS

### *"Ride and Dine"*

Wednesday, September 17

4:00 pm- 7:00 pm

Location: TBD

### *TRIO/SSS Scholarship*

#### *Orientation (eligible juniors and seniors only)*

Wednesday, September 17

3:00 pm- 4:00 pm

Thursday, September 18,

9:30 am- 10:30 am

Friday, September 19

12:30 pm- 1:30 pm

Location: Riverside Room, CC

## OCTOBER/NOVEMBER

### *"Stress Busters"*

Wednesday, October 1, 2014

Thursday, October 2, 2014

12:30 pm- 1:30 pm

Location: LIN 202

Co-sponsored by Center for

Counseling & Health Promotions and

TRIO/SSS

### *"What Students Don't Know"*

Thursday, October 30

12:30 pm-1:30 pm

Location: Cedar Room, CC

Wednesday, November 5

12:30 pm- 1:30 pm

Location: Riverside Room, CC

## DECEMBER

### *End of the Semester Celebration*

Friday, September 12

2:00 pm- 4:00 pm

Location: TRIO/ SSS Office

**Meet with your TRIO/SSS Academic Advisor at least 3 times per semester. Schedule an appointment NOW! (612) 330-1313**

## Important dates to remember:

**9/16/2014**— Last Day to drop classes without a "W" on your transcript and receive 100% refund

**10/24/2014**— Mid-term break NO CLASSES

**11/6/2014**— Last day to withdraw /designate a grading option

**11/10/2014**— Spring Registration Begins

**11/27/2014—11/30/2014**— Thanksgiving Break NO CLASSES

**12/12/2014**— Last day of classes (Full Semester)

**12/12/2014**— All checkout equipment due to TRIO/SSS Office by 3:00pm

# Check Out Equipment from TRIO/SSS

Each semester, our office has equipment available for check-out, including:

- Laptops
- Graphing Calculators
- Smartpens

These items are available on a first-come, first-serve basis to currently-enrolled active TRIO/SSS students only. Items can be checked out in TRIO/SSS office starting on Monday, September 8, 2014.

While Laptops may be borrowed month-to-month, calculators and Smartpens can be checked out for the entire semester. Equipment goes fast!



## Laptop checkout schedule

September 8– due October 10 by 3pm  
October 13– due November 14 by 3pm  
November 17– due December 18 3 pm

**All equipment must be returned to the TRIO/SSS Office on December 18, 2014 by 3:00 pm (no exceptions)**

## Fall is Here!

By: Kevin Cheatham, Assistant Director

Ah...fall. I am going to come right out and say it—fall may be my favorite time of year. And if you know me, when I am saying that something is a favorite, then that is a big deal.

Fall means it's not so hot outside that I feel like I am melting. Me + Heat = Crabby. Fall means it is not so cold that I have to wear pants with long johns, a sweater over a long sleeved shirt, *and* two pairs of socks underneath a heavy pair of boots. Winter dressing usually means practical, not cute.

Fall is pretty, well until all the leaves fall from the trees. Fall means no bugs! And if you are a parent, fall means the start of the school year for your children. Now I do not have any kids of my own, but based on my mother's reaction about her own sons returning to school after being underfoot

all summer I would equate the feeling she had to winning the lottery. A "No Kids in My House" lottery that lasts for approximately nine months.

If you are a first year student the start of the school year is a big deal, especially if you are a first generation student. The dream of going to college is finally being realized for you and your family. It is the first time away from the life that you have been accustomed. Everything is new; you are starting over. Things may be scary or confusing. You are expected to know how things work, but often you do not. But as overwhelming as all those things may be, there is a positive side.

Essentially, you are a blank slate. No one knows what kind of person you were before you arrived for Auggie Days, which means you now get to decide who you want to be or become. You are able to get rid of some of the baggage that you have been carrying around.

Not a good student in high school? Not involved in as many activities as you would have liked? Did not branch out and take time to interact with your peers, teachers, and mentors?

You can now change all of that! You get to make the important decisions and have a little more control in determining the course of your future. And returning students, you are not left out of the newness of fall semester's start because you get to hit the reset button, too.

For all of you fall semester means you are *that* much closer to graduating, realizing your dreams, and utilizing your potential. Take this opportunity to start off on the right foot. Remember that in addition to TRIO/SSS staff, there are many other resources here at Augsburg to help you navigate this experience. But remember, it is *your* experience. Your Augsburg life is what you make of it. Take advantage and make it a good one.

**AUGGIE**  
**IS AN ACTION VERB**



# AUGSBURG

## GET THE EXPERIENCE OF A LIFETIME

### Helpful Resources on Campus

**Academic Advising Office** (612) 330-1025, Gage Center, Lindell Suite 227

**Bookstore** (612) 359-6491, Oren Gateway Center, Lower Level

**Center for Counseling and Health Promotion (CCHP)** (612) 330-1707

**Center for Learning and Accessible Student Services (CLASS)** (612) 330-1053, Gage Center, Lindell Suite 216

**Enrollment Center** (612) 330-1046, Sverdrup Hall, Main Level

**Multi-Cultural Student Services**, (612) 330-1663, Lower Level Christensen Center

**Public Safety**, (612) 330-1717, Urness/Moretensen Hall Lobby

**Student Financial Services**, (612) 330-1046, Sverdrup Hall, Main Level

**TRIO/Student Support Services** (612) 330-1313, Gage Center, Lindell Suite 201

### **What is The "Augsburg Experience" Anyway?**

By: Melody M. Geiger, Academic Advisor

Maybe you have heard the words "Augsburg Experience" and have thought to yourself, "I am an Augsburg student and I have had some wonderful and meaningful experiences in my time here, so yes, I would say that I have fulfilled my Augsburg Experience." This thought, while lovely, is incorrect. Maybe you have heard the words and have felt a panic because you know this experience is required in order to graduate but you are not really sure how to fulfill it.

According to the Augsburg website, the Augsburg Experience is described as the following:

*A distinctive feature of an Augsburg education is our focus on linking classroom theory with off campus learning experiences. Augsburg College is one of the few colleges or universities in the United States that intentionally includes an experiential element in our general education program required of all students.*

The Augsburg Experience was created so that students could participate in opportunities for:

- Direct involvement with people and organizations external to the college
- First-hand discovery, integration and application of knowledge
- Self-awareness through reflective and critical thinking
- Exploration of vocation, of what one is called to do in the world
- Learning that is life-long

Fortunately, there are many ways that you can fulfill the Augsburg Experience. Service learning, an internship, faculty-student research, study abroad, or an off-campus immersion experience are all ways to gain this experience. However, a student should discuss the option with his/her advisor and complete the required paperwork in order for the experience to count. It is important to give yourself plenty of time to plan and complete the Augsburg Experience. Unfortunately, many students procrastinate and are scrambling to figure this out in order to graduate on time or in some cases are not able to graduate on time.

Discussing ways to fulfill your Augsburg Experience is an excellent reason to meet with your TRIO/SSS advisor.

You should also explore options with your faculty advisor. In addition, there are several other offices that could be helpful.

To gain research experience, you could visit the TRIO/McNair and/or the Undergraduate Research and Graduate Opportunity Office (URGO) in Science Hall. To learn about the many study abroad opportunities, visit the Augsburg Abroad office on the lower level of Christensen Center or explore their website at <http://www.augsburg.edu/augsburgabroad/get-started/>. Did you know that your financial aid package can be applied to going abroad and that there are some opportunities to go abroad that actually cost less than the cost of studying at Augsburg?

For internship opportunities or additional questions about the Augsburg Experience, stop into the Strommen Center for Meaningful Work in Suite 100, Christensen Center. They will be hosting an Open House for students on Thursday, September 11 from 2-4 pm. Go for treats and learn about upcoming events!

The Augsburg Experience is meant to be rewarding and is often a life-changing opportunity. Plan ahead so it does not turn into the "Stressful Experience."

## Best Practices

By: Xia Xiong-Vang, Academic Advisor

Welcome back Auggies and welcome to the first-year and transfer students! I am very excited to start another academic year working with TRIO/SSS students. As you say goodbye to the long and beautiful days of summer and adjust back into the chaos of being an undergraduate student, here are some good practices to remember. I recently read an article in *Business Insider* titled "10 Things Every College Professor Hates" and thought it would be worthwhile to share with all of our students. I must admit that I committed some of these behaviors as a student myself. I wish that I would have known as a student what is appropriate and what is *cringe worthy*. Here are the top five no-no things you should avoid doing as a student.

1.) Don't use unprofessional correspondence- Your professors are not your friends. Correspond with them as if you're in a professional workplace, because technically you are. When sending them an email, don't use language that you would use with a friend. Don't write an email as you would write a text. Always address them in the most formal way first (such as Dr. or Professor) unless they tell you otherwise.

2.) Don't ask the professor if you "missed anything important" during an absence- Of course you did. College professors spend a lot of time and energy planning their course curriculum, therefore everything they talk about is important. If you're concerned about what you missed, make sure you do the reading, get notes from a classmate and then ask questions if you are still unsure about anything you missed. If you must miss a class, email the professor and let them know. You are still responsible for getting the materials and completing any missed assignments.

3.) Don't pack up your things as the class is ending- This annoys professors because it gives them a sense that you are in a rush to leave their class. When one student starts putting their stuff away, then everyone else starts shuffling their backpacks and books. A lot of times, professors give important announcements at the end of class which can be missed because of all the noise. *Just don't do it*. Wait until the professor finishes, then pack up. You have plenty of time to make it to your next class or wherever you need to be.

4.) Don't ask questions about an assignment or reading until you "check your syllabus"- This phrase has become popular even within the TRIO/SSS office. **Please, please**, look at your syllabus first. Professors put a lot of effort into their syllabus for a reason. They don't want to answer the same questions a hundred times.

What seems like a small thing on your end can add up to death-by-a-thousand-paper cuts on their end. Make a good effort to read the syllabus thoroughly and then ask questions if something is still unclear.

5.) Don't be too cool for school- You know the student who sits in the back row of class, hunches down in his or her chair, and makes an art of looking bored? **Don't** be that person. You are at a small campus for a reason. Make an effort to be engaged in your classes and to interact with the professor. If you wanted to be unnoticed, you would have gone to a large university with 500 students in a lecture hall. But no, you're here so at least pretend to be interested because the professor will notice all your action and non-action in class and it will affect your overall grade.

If you're interested in knowing what made the top 10 list, you can check out the entire article here at <http://www.businessinsider.com/10-things-every-college-professor-hates-2014-8>

Remember, professors are here to help you be successful as a student. Don't be afraid of your professors. Make an effort to talk to your professors and let them get to know you. You'll be surprised by what you can learn from your professors. I hope that you will take these best practices with you throughout the rest of your undergraduate career. Good luck and I look forward to an exciting year!

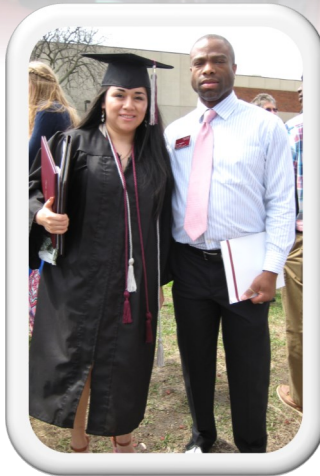
## Summer Bridge Class 2014

Augsburg TRIO/SSS allows up to 25 admitted first-year students to get a head start on their Augsburg education. During this five-week residential program, students take two free college courses for credit and attend academic support seminars, workshops and other activities to help provide for a smooth transition to Augsburg in the fall. Summer Bridge participants will also participate in the academic year component





# Congratulations 2014 TRIO/SSS Graduates





# TRIO/ Student Support Services Staff

## Aly Olson- Director

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## Melody M. Geiger- Academic Advisor

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From left: Kevin, Melody, Xia & Aly

## Kim Bestler- Program Assistant

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Kim

## Student Workers at the Front Desk

Brad Marcy '15 TRIO/SSS

Ashley Olson '15 TRIO/ASO

Bao Xiong '16 TRIO/ASO

Kalyn McConnell '18 TRIO/SSS

Pang Xiong '18 TRIO/SSS

**AUGSBURG  
COLLEGE**

## Augsburg College

### TRIO/Student Support Services

Gage Center for Student Success,  
Lindell 201

2211 Riverside Avenue

Campus Box 47

Minneapolis, MN 55454

Phone: (612) 330-1311

<http://www.augsburg.edu/triosss>

**TRIO**  
STUDENT SUPPORT SERVICES

The Student Support Services (SSS) program is one of the three TRIO programs originally funded under the Higher Education Act of 1965. SSS helps students overcome class, social, and cultural barriers to complete their college education.

Augsburg TRIO/SSS started in 2001 and is funded by the U.S. Department of Education and Augsburg College. The Minnesota Department of Education Summer Food Service Program (SFSP) provides additional funding for Summer Bridge. Augsburg TRIO/SSS annually provides individual and group services to 160 students.

All Augsburg TRIO/SSS services are provided at no cost to program participants. Students participate in TRIO/SSS throughout their enrollment at Augsburg College.

Augsburg TRIO/SSS also selects 25 incoming first-year, TRIO-eligible students to participate in its Summer Bridge component.