



TRIO/SSS TRIBUNE

Letter From the Director: Expect The Unexpected

Welcome back continuing students, and welcome to TRIO/SSS and Augsburg College, new students! By now you have settled into your classes, and hopefully your fall study and other routines. Is it all starting to fit together? No? Oh yeah, it's college and there can be hiccups along the way. Here are some quick tips to weather the unexpected.

Make good plans: use a planner or phone, anticipate deadlines and test dates, major meetings or commitments.

Study schedule: yes, it's important even for seniors! When you make regular study times a habit, and study the same subject in a good environment for you (not in front of screens!

Not in bed!), you are more likely to follow through with them.

Meetings with TRIO/SSS Advisor: make it a point to check in *at least* every month. 'Nough said.

Payment planning : We've seen a record number of holds on student accounts this fall. If you need help making a plan for paying off your account, please see your TRIO/SSS advisor. We want you to be able to register for Winter/Spring classes on time.

And finally, we all know the best-laid plans can get interfered with by unexpected events, so...

Have a back-up and communicate: Think about the "what ifs": If I get sick, my car breaks down, I don't get the grade I want on a test, etc. Who needs to know this and how do you want to address these issues? Your TRIO/SSS Advisor can help generate the answers to the "What ifs".

Know that stuff happens; it's college and life and we never know what to expect. The resilient students (that's you!) regroup, recover, ask for help, and keep going.

Aly O



Wise Words from President Paul Pribbenow

President Paul Pribbenow's opening convocation address welcomed the incoming freshman and provided words of advice that are universal to success in the classroom as well as in the "real world". His message was simple: In order to be successful, one should

"show up, pay attention, and do the work". Practice these behaviors while in college and carry them over to the work place and you are likely to find great success. As advisors, we often see people in our office when they are struggling. After some inquiry,

we usually determine that the reason for the academic struggle stems from missing classes and/or not turning in assignments. Start each day reflecting and acting on the advice of our wise college President and you will be more likely to make your dreams come true.

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Student Workers at the Front Desk!

- Kendall Pruitt '13 TRiO/SSS
- Rosie Benser '13 TRiO/McNair, ASO
- Hassan Sankoh '15 TRiO/SSS
- Ayah Mohammed '15 TRiO/SSS
- Cedith Giddings '15 LSAMP, ASO
- Rachel Rixen '13 ASO, French

Always here to help!

(Not So) Random Musings from Kevin's Head

Hi everyone and welcome to the start of another school year at Augsburg! This is a busy time for you as you adjust to new classes, changing schedules, and other challenges as a college student. It is also a busy time for the TRiO/SSS staff as we work to plan workshops and other activities, and work to make sure you're all on track for graduation.

Commencement and graduation will be here before you know it. This is an exciting time for you, but also a time that may be filled with anxiety as you think about post-Augsburg plans: work and internships, graduate school, and dreaded loan repayments. If you are planning to finish this fall or in the spring you should have by now completed your **Graduation Application**. This is your intent to the College that you will be done with all requirements to receive your diploma. You must work with

your faculty advisor to complete the Grad App, and it is usually completed at least one year before you plan to finish degree requirements.

And to clarify, "commencement" and "graduation" are two terms or events that are often used interchangeably, and these events are not mutually exclusive. Commencement is the ceremony where you walk across the stage, shake the President's hand, and receive your (empty until the College verifies you have actually finished) diploma holder. Graduation means you



have completed all requirements to receive said diploma.

For all students it is helpful to keep track of your loan debt. Knowing your loan debt, knowing your loan lender, and knowing how much your loan payments will be is essential for your post-graduation budgeting plans. Visit the **National Student Loan Data System for Students (NSLDS)** www.nslds.ed.gov/ to access your federal loan and Pell information.

As you're checking in with your TRiO/SSS advisor we'll discuss other things you should be doing, or should have already done, to remain on the road to degree completion.

Fall 2012 Workshop Schedule and Other Events!

Values and Goal Setting	September 26, 2012 at 3:45-4:45 September 27, 2012 at 12:00-1:00	Each month brings about a new topic for workshops! Each month we will hold two sessions for each workshop. All workshops will be held in Old Main 105 unless otherwise noted. Workshops are a great way to learn something new, gain a new perspective, and meet other people who are involved in TRiO/SSS! TRiO students should attend at least two workshops a semester. Sign up in the TRiO Office!
Using Academic Resources to Get A-head	October 17, 2012 at 3:45-4:45 October 18, 2012 at 12:00-1:00	
Time will Pass, Will You?	November 14, 2012 at 3:45-4:45 November 15, 2012 at 12:00-1:00	
Final Exam Survival	December 5, 2012 at 3:45-4:45 December 6, 2012 at 12:00-1:00	
Finals Celebration! Treats in the Office	December 14, 2012 at 2:30-4:30	

Strommen Career and Internship Services

hosts several events throughout the year for students to attend. Stop by our office to pick up a list of upcoming Strommen events!

- ◆ **Grad School Fair Tuesday**
October 9 Coffman Union 10:00-3:00
- ◆ **Grad School: Unveiling the Application Process**
October 9 Marshall Room 3:15 pm

TRiO Works!

Check out Equipment from TRiO/SSS!

Each semester, our office lends out graphing calculators, laptops, and Smartpens. As advertised in the weekly email update, we lend these items on a first-come-first-serve basis to currently-enrolled TRiO/SSS students only. We lend out laptops month-to-month, and calculators and Smartpens can be borrowed for the entire duration of the semester. Equipment goes fast! We still have a few calculators and Smartpens left to lend



REMINDER: Laptops are due back Friday, October 12 by 3:00pm, and will be available for check-out again on Monday October 15 at 8:00 am.

Smartpens and Calculators are due back Thursday, December 13 by 3:00pm.

Message From Melody: You Can Make a Difference!

For most of our readers, this Presidential election will be your first opportunity to vote. What an exciting time! Did you know that before 1971, United States citizens could not vote until they were 21 years old? The constitution was amended because 18 year old men were being drafted for the Vietnam War at that time, but were not able to vote. Even though it has been over 40 years since this change has been made, young people still lag far behind other age groups in their turn out at the polls. Politicians are more likely to listen to the voices of young people if young people make it a priority to let their voices be heard.

So make it a priority to register and vote in the 2012 Presidential election but make sure it is an educated vote. What issues

are important to you? Take some time to get to know the platforms of the candidates. You can go to **presidentialelection.com** to register to vote and even if you do not get registered ahead of time, you can register on Election Day at your polling place as long as you are able to provide proof of residency in MN. To find your polling place, go to <http://pollfinder.sos.state.mn.us/>.

Another way you can make a difference is by writing or calling congress members about issues that are important to you. If fact, you can help to continue the funding of TRIO programs by stopping by our office and taking a few moments to write a post card to our Senators and/or your local Representatives. TRIO is a federal-ly funded program and unfortunately

every year we must fight to continue the funding. Politicians are moved by the stories of their citizens. If TRIO has been instrumental in your educational success and you believe it is important, please take a few moments to complete a post-card.



We're So Proud of Our 2012 TRIO Graduates!



TRIO/Student Support Services Staff:

Aly Olson-Director

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Melody M. Geiger-Academic Advisor

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Kim Bestler-Administrative Assistant

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We currently have a vacant advisor position. Those students who met previously with Sherron please contact the office to schedule an appointment with your new TRiO/SSS advisor.

Augsburg College
TRiO/Student Support Services
Gage Center for Student Success, Lindell 201
2211 Riverside Avenue
Minneapolis, MN 55454
Phone: 612-330-1311

TRiO/Student Support Services

The Student Support Services (SSS) program is one of three TRiO programs originally funded under the Higher Education Act of 1965, whose objective is to help students overcome class, social, and cultural barriers to complete their college education.

Augsburg TRiO/SSS started in 2001 and is funded by the U.S. Department of Education and Augsburg College. The Minnesota Department of Education Summer Food Service Program (SFSP) provides additional funding for Summer Bridge. Augsburg TRiO/SSS annually provides individual and group services to 160 students.

All Augsburg TRiO/SSS services are provided at no cost to program participants. Students participate in TRiO/SSS throughout their enrollment at Augsburg College.

Augsburg TRiO/SSS also selects 25 incoming first-year, TRiO-eligible students to participate in its Summer Bridge component.



TRIO/Student Support Services

Augsburg College

Campus Box 47

2211 Riverside Avenue

Minneapolis, MN 55454