

Physical Education minor

2025-2026 catalog

Student Name: _____ ID Number: _____

Minor Requirements

Term Completed/Planned	Grade	Credit	Course #	Title
_____	_____	4	HPE104	Components of Fitness Training
_____	_____	2	HPE115	Chemical Dependency Education
_____	_____	2	HPE150	Introduction to Health, Physical Education, and Exercise Science
_____	_____	2	HPE324	K-6 PE Games and Activities
_____	_____	2	HPE334	7-12 Sport Skills and Activities
_____	_____	4	HPE451 and 451L	Physiology of Exercise