

# Physical Education (B.A. or B.S.)

2025-2026 catalog

Student Name: \_\_\_\_\_ ID Number: \_\_\_\_\_

## Major Requirements

*The B.S. degree is only available for students pursuing teaching licensure. Students seeking licensure must earn a C- grade or better in HPE classes.*

Term Completed/Planned	Grade	Credit	Course #	Title
_____	_____	4	HPE104	Components of Fitness Training
_____	_____	2	HPE115	Chemical Dependency Education
_____	_____	2	HPE150	Introduction to Health, Physical Education, and Exercise Science
_____	_____	2	HPE214	Health and Safety Education
_____	_____	2	HPE254	Introduction to Developmental/Adapted Physical Education
_____	_____	2	HPE321	Motor Learning
_____	_____	2	HPE324	K-6 PE Games and Activities
_____	_____	2	HPE334	7-12 Sport Skills and Activities
_____	_____	2	HPE335	Outdoor Education
_____	_____	2	HPE340	Organization and Administration of Physical Education Programs
_____	_____	4	HPE350 and 350L: Kinesiology	
_____	_____	2	HPE357	Research Methods and Measurement in Health, Physical Education, and Exercise Science
_____	_____	2	HPE358	Assessment in Health and Physical Education
_____	_____	2	HPE370 and 370L: Prevention and Care of Athletic Injuries	
_____	_____	4	HPE451 and 451L: Physiology of Exercise	
_____	_____	2	HPE473	Physical Education Curriculum
_____	_____	4	BIO103 and 103L: Human Anatomy and Physiology	(or completed as HPE203 and 203L)

Students seeking teaching licensure should consult the list of required secondary education courses.