

**Exercise Science (B.A.)**

2021-2022 catalog

**Student Name:** \_\_\_\_\_ **ID Number:** \_\_\_\_\_

**Major Requirements**

Term Completed/Planned	Grade	Credit	Course #	Title
_____	_____	4	HPE104	Components of Fitness Training
_____	_____	4	HPE110	Personal and Community Health
_____	_____	2	HPE114	Health and Safety Education
_____	_____	2	HPE115	Chemical Dependency Education
_____	_____	2	HPE205	Introduction to Health, Physical Education, and Exercise Science
_____	_____	4	HPE215	Health and Exercise Psychology
_____	_____	2	HPE220	Motor Learning and Development
_____	_____	2	HPE275	Prevention and Care of Athletic Injuries
_____	_____	4	HPE300	Nutrition for Exercise Science
_____	_____	4	HPE304	Advanced Fitness Training
_____	_____	2	HPE305	Stress Management
_____	_____	2	HPE315	Exercise Testing and Prescription
_____	_____	4	HPE350	Kinesiology
_____	_____	4	HPE351	Physiology of Exercise
_____	_____	2	HPE357	Measurement in Health, Physical Education, and Exercise Science
_____	_____	2	HPE450	Current Health Issues
_____	_____	2	HPE452	Advanced Biomechanics
_____	_____	4	HPE490	Exercise Science Seminar and Keystone (KC)
_____	_____	4	BIO103	Human Anatomy and Physiology (NSM-L)
Complete <b>one (1)</b> of HPE397 or HPE399				
_____	_____	2	HPE397	Internship
_____	_____	4	HPE399	Internship

Abbreviation Key: ML = Modern Language; SC = Signature Curriculum; EM = Engaging Minneapolis; AE = Augsburg Experience; KC = Senior Keystone Course; NSM = Natural Science & Mathematics - no lab; NSM-L = Natural Science & Mathematics-with lab; SBS = Social & Behavioral Science; FA = Fine Arts; HUM = Humanities

\_\_\_\_\_  
Student's Signature Date

\_\_\_\_\_  
Advisor's Printed Name Signature Date

Advisor(s): By signing, you indicate you have verified the accuracy of the information above. Faculty advisors must initial next to each course substitution/waiver and sign this form.