

## Exercise Science: Pre-Health Science (B.S.)

2018-2019 catalog

**Student Name:** \_\_\_\_\_ **ID Number:** \_\_\_\_\_

### Major Requirements

Students wishing to apply for admission to an accredited Physical Therapy program are advised to take INDI 2220 - Medical Terminology (at St. Catherine), and one of MAT 114 - Precalculus or MAT 145 - Calculus.

Term Completed/Planned	Grade	Credit	Course #	Title
_____	_____	4	HPE104	Components of Fitness Training
_____	_____	4	HPE110	Personal and Community Health
_____	_____	2	HPE114	Health and Safety Education
_____	_____	2	HPE115	Chemical Dependency Education
_____	_____	2	HPE205	Introduction to Health, Physical Education, and Exercise Science
_____	_____	2	HPE275	Prevention and Care of Athletic Injuries
_____	_____	4	HPE300	Nutrition for Exercise Science
_____	_____	4	HPE304	Advanced Fitness Training
_____	_____	2	HPE315	Exercise Testing and Prescription
_____	_____	4	HPE350	Kinesiology
_____	_____	4	HPE351	Physiology of Exercise
_____	_____	2	HPE357	Measurement in Health, Physical Education, and Exercise Science
_____	_____	4	HPE490	Exercise Science Seminar and Keystone (KC)
Complete <b>one (1)</b> of HPE397 or HPE399				
_____	_____	2	HPE397	Internship
_____	_____	4	HPE399	Internship
Supporting Courses				
_____	_____	4	BIO151	Introductory Biology (NSM-L)
_____	_____	4	BIO152	Evolution, Ecology, and Diversity (NSM-L)
_____	_____	5	CHM115 & 115L: General Chemistry I (NSM-L)	
_____	_____	5	CHM116 & 116L: General Chemistry II (NSM-L)	
_____	_____	4	PHY107	College Physics I
_____	_____	4	PHY108	College Physics II
_____	_____	4	PSY105	Principles of Psychology
Complete <b>one (1)</b> of PSY215, MAT163, or MAT164				
_____	_____	4	PSY215	Research Methods and Statistics I
_____	_____	4	MAT163	Introductory Statistics
_____	_____	4	MAT164	Introductory Statistics for STEM
Complete <b>one (1)</b> of PSY203 or PSY262				
_____	_____	4	PSY203	Lifespan Development
_____	_____	4	PSY262	Abnormal Psychology
Complete an Anatomy and Physiology two course sequence, either BIO353 and BIO473 -or- BIOL2610 and BIOL2620				
_____	_____	4	_____	_____
_____	_____	4	_____	_____
Complete <b>one (1)</b> of HPE215, HPE220, HPE305, HPE450, or HPE452				
_____	_____	_____	_____	_____

Abbreviation Key: ML = Modern Language; SC = Signature Curriculum; EM = Engaging Minneapolis; AE = Augsburg Experience; KC = Senior Keystone Course; NSM = Natural Science & Mathematics - no lab; NSM-L = Natural Science & Mathematics-with lab; SBS = Social & Behavioral Science; FA = Fine Arts; HUM = Humanities

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

Advisor's Printed Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Advisor(s): By signing, you indicate you have verified the accuracy of the information above. Faculty advisors must initial next to each course substitution/waiver and sign this form.