Exercise Science: Pre-Health Science (B.S.)

2017-2018 catalog

Student Name: _____ **ID Number:** _____

Major Requirements

This major requires classes that are taught at the ACTC institutions of St. Catherine University and the University of St. Thomas.

Term Completed/Planned	Grade	Credit	Course #	Title
		4	HPE104	Components of Fitness Training
		4	HPE110	Personal and Community Health
		2	HPE114	Health and Safety Education
		2	HPE115	Chemical Dependency Education
		2	HPE205	Introduction to Health, Physical Education, and Exercise Science
		4	HPE215	Health and Exercise Psychology
		2	HPE275	Prevention and Care of Athletic Injuries
		4	HPE304	Advanced Fitness Training
		2	HPE305	Stress Management
		2	HPE315	Exercise Testing and Prescription
		4	HLTH345	Nutrition for Health and Fitness (at St. Thomas)
		4	HPE350	Kinesiology
		4	HPE351	Physiology of Exercise
		2	HPE357	Measurement in Health, Physical Education, and Exercise Science
		2	HPE450	Current Health Issues
		4	HPE490	Exercise Science Seminar and Keystone (KC)
Complete **one (1)** of HPE397 or HPE399				
		2	HPE397	Internship
		4	HPE399	Internship
Supporting Courses				
		4	BIO151	Introductory Biology (NSM-L)
		4	BIO152	Evolution, Ecology, and Diversity (NSM-L)
		4	BIO253	Introductory Cellular Biology
		4	BIO353	Comparative Vertebrate Anatomy
		4	BIO473	Animal Physiology
		5	CHM115 & 115L: General Chemistry I (NSM-L)	
		5	CHM116 & 116L: General Chemistry II (NSM-L)	
		2	EXSS4300	Advanced Biomechanics (at St. Catherine)
		4	MAT114	Precalculus
		2	INDI2220	Medical Terminology (at St. Catherine)
		2	HPE220	Motor Learning and Development
		4	PHYS1080	Physics for the Health Sciences I (at St. Catherine)
		4	PHYS1090	Physics for the Health Sciences II (at St. Catherine)
		4	PSY105	Principles of Psychology
		4	PSY215	Research Methods and Statistics I
		4	PSY262	Abnormal Psychology

Abbreviation Key: ML = Modern Language; SC = Signature Curriculum; EM = Engaging Minneapolis; AE = Augsburg Experience; KC = Senior Keystone Course; NSM = Natural Science & Mathematics - no lab; NSM-L = Natural Science & Mathematics-with lab; SBS = Social & Behavioral Science; FA = Fine Arts; HUM = Humanities

Student Signature Date Advisor Signature Date

Student and advisor signature are required for submission with the Intent to Graduate form.