

**Exercise Science (B.A.)**

**Student Name:** \_\_\_\_\_ **ID Number:** \_\_\_\_\_

**Major Requirements**

Term Completed/Planned	Grade	Credit	✓	Course #	Title
_____	_____	4	<input type="checkbox"/>	HPE104	Components of Fitness Training
_____	_____	4	<input type="checkbox"/>	HPE110	Personal and Community Health
_____	_____	2	<input type="checkbox"/>	HPE114	Health and Safety Education
_____	_____	2	<input type="checkbox"/>	HPE115	Chemical Dependency Education
_____	_____	2	<input type="checkbox"/>	HPE205	Introduction to Health, Physical Education, and Exercise Science
_____	_____	4	<input type="checkbox"/>	HPE215	Health and Exercise Psychology
_____	_____	2	<input type="checkbox"/>	HPE275	Prevention and Care of Athletic Injuries
_____	_____	4	<input type="checkbox"/>	HPE300	Nutrition for Exercise Science
_____	_____	4	<input type="checkbox"/>	HPE304	Advanced Fitness Training (or HLTH400 at St. Thomas)
_____	_____	2	<input type="checkbox"/>	HPE305	Stress Management
_____	_____	2	<input type="checkbox"/>	HPE315	Exercise Testing and Prescription
_____	_____	4	<input type="checkbox"/>	HPE350	Kinesiology
_____	_____	4	<input type="checkbox"/>	HPE351	Physiology of Exercise
_____	_____	2	<input type="checkbox"/>	HPE357	Measurement in Health, Physical Education, and Exercise Science
_____	_____	2	<input type="checkbox"/>	HPE450	Current Health Issues
_____	_____	4	<input type="checkbox"/>	HPE490	Exercise Science Seminar and Keystone (KC)
_____	_____	4	<input type="checkbox"/>	BIO103	Human Anatomy and Physiology (NSM-L)
Complete <b>one (1)</b> of HPE397 or HPE399					
_____	_____	2	<input type="checkbox"/>	HPE397	Internship
_____	_____	4	<input type="checkbox"/>	HPE399	Internship

Abbreviation Key: ML = Modern Language; SC = Signature Curriculum; EM = Engaging Minneapolis; AE = Augsburg Experience; KC = Senior Keystone Course; NSM = Natural Science & Mathematics - no lab; NSM-L = Natural Science & Mathematics-with lab; SBS = Social & Behavioral Science; FA = Fine Arts; HUM = Humanities

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Faculty Adviser Signature

\_\_\_\_\_  
Date

Student and faculty signature are required for submission with the Intent to Graduate form.