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|------|-----|------|
| Name | ID# | Date |
|------|-----|------|

## Planning Sheet: HEALTH EDUCATION MAJOR

(Effective Fall 2011. This major consists of 10.5 courses, excluding the Education Department coursework.)

**See Education Department for Secondary Teaching Licensure Requirements.**

### Health Education Required Courses

| <u>Term</u> | <u>Grade</u> | <u>Course #</u> | <u>AugCore</u> | <u>Title</u>  |
|-------------|--------------|-----------------|----------------|---|
| ___         | ___          | HPE 104         |                | Components of Fitness Training (Fall or Spring)   |
| ___         | ___          | HPE 110         |                | Personal & Community Health (Prereq: ENL 111, or 112, or HON 111) (Fall)  |
| ___         | ___          | HPE 114         |                | Health & Safety Education (.5) (Fall or Spring)   |
| ___         | ___          | HPE 115         |                | Chemical Dependency Education (.5) (Fall or Spring)   |
| ___         | ___          | HPE 215         |                | Exercise and Health Psychology (Previously met by PSY 201) (Spring)   |
| ___         | ___          | HPE 316         |                | Human Sexuality (Prereq: HPE 110) (Spring)  |
| ___         | ___          | HPE 320         |                | School Health Curriculum (.5) (Prereq: HPE 110) (Fall even years)   |
| ___         | ___          | HPE 357         |                | Measurement in Health, Physical Education & Fitness (.5)<br>(Prereq: MPG 3, HPE 104, HPE 220, and either HPE 110 or 205) (Fall) |
| ___         | ___          | HPE 358         |                | Assessment in Health and Physical Education (.5)<br>(Prereq: HPE 104, HPE 220, HPE 357, and either HPE 110 or 205) (Fall)       |
| ___         | ___          | HPE 390         |                | Instructional Methods and Materials in Health Education (Prereq: HPE 110)<br>(Spring)   |
| ___         | ___          | HPE 410         |                | Administration & Supervision of the School Health Program (.5)<br>(Prereq: HPE 110) (Fall even years)                           |
| ___         | ___          | HPE 450         |                | Current Health Issues (.5) (Prereq: Waived from or passed GST 100 & HPE 110) (Fall odd years)                                   |

### Non-departmental Required Courses

|     |     |         |       |                                     |
|-----|-----|---------|-------|-------------------------------------|
| ___ | ___ | BIO 103 | NSM-L | Human Anatomy & Physiology (Spring) |
|-----|-----|---------|-------|-------------------------------------|

Select and complete one (1) of the following two (2) courses

|     |     |         |                          |  |
|-----|-----|---------|--------------------------|--|
| ___ | ___ | PSY 250 | <input type="checkbox"/> | Child Development (Prereq: PSY 105)                      |
|     |     | PSY 252 | <input type="checkbox"/> | Adolescent and Young Adult Development (Prereq: PSY 105) |

### Notes:

- **Teaching Licensure:** Teaching licensure requires additional courses. See the Education Department for licensure requirements. Students seeking teaching licensure must earn a minimum grade of 2.0 in all major-related HPE courses.
- **B.S. Waiver:** Student completing the B.S. in Health Education with teaching licensure may waive two Liberal Arts Foundation courses from two different areas.
- **Keystone:** EDC 490 will satisfy the senior Keystone requirement for students completing teaching licensure requirements. Students who choose not to complete licensure can discuss Keystone options with their faculty advisor.
- **Abbreviation Key:** ML = Modern Language; SC = Signature Curriculum; EM = Engaging Minneapolis; AE = Augsburg Experience; KC = Senior Keystone Course; NSM = Natural Science & Mathematics - no lab; NSM-L = Natural Science & Mathematics-with lab; SBS = Social & Behavioral Science; FA = Fine Arts; HUM = Humanities; QA = Quantitative Applications; QF = Quantitative Foundations; QFA = Quantitative Foundations & Applications.

**See back for information on graduation skills requirements**

## Planning Sheet: GRADUATION SKILLS REQUIREMENTS

These requirements were implemented for Fall 2008. Please talk with your faculty advisor for information.

**Graduation skills, including the Quantitative Reasoning requirements, are completed as follows.** Graduation skills in Critical Thinking, Writing, Speaking, and Quantitative Reasoning are required for graduation. Critical Thinking is embedded in all majors. Plans for completion of other graduation skills are determined by the major department. Consult your department chair or faculty advisor to select appropriate courses to meet the Quantitative Reasoning (QR) graduation skill. QR is satisfied by completing one (1) Quantitative Foundational course (QF) and one (1) Quantitative Application course (QA), or one (1) combined QFA course. The most current information on Graduation Skills can be found in the Augsburg College catalog at [www.augsburg.edu/catalog/](http://www.augsburg.edu/catalog/).

**Transfer students must consult an advisor about potential adjustments to their course requirements to fulfill each graduation skill.**

| Designated Major Course | GRADUATION SKILLS – Health Education  |            | Completed |
|-------------------------|---|------------|-----------|
| Embedded in major       | <b>Writing Requirements</b><br>TWO (2) Writing courses  |            |           |
| Embedded in major       |   |            |           |
| Embedded in major       | <b>Speaking</b><br>One (1) Speaking course  |            |           |
| Designated Major Course | QUANTITATIVE REASONING  |            | Completed |
| Embedded in major       | <b>Quantitative Foundations &amp; Applications</b><br>One (1) QFA course (Prereq: MPG3)   | QFA course |           |
| <b>– OR –</b>           |   |            |           |
| Embedded in major       | <b>Quantitative Foundations and Quantitative Applications</b><br>One (1) QF course (Prereq: MPG 3) <b>and</b> one (1) QA course |            | QF course |
| Embedded in major       |   |            | QA course |

## Graduation Tally Checklist

These requirements were implemented in April 2003 and remain in effect until further notice.

| Requirement  | Progress Towards Completion |            |
|--|-----------------------------|------------|
| <b>Cumulative Course Credits</b> <ul style="list-style-type: none"> <li>▪ Minimum number of course credits needed for graduation = 32</li> <li>▪ At least 8 credits completed at Augsburg.</li> <li>▪ 6 of last 8 credits completed in residence.</li> <li>▪ Second degree – minimum of 8 credits completed in residence.</li> </ul>   | Transfer Credits Earned     |            |
|  | + Aug. Credits Earned       |            |
|  | = Total Credits Earned      |            |
|  | # Credits Needed            |            |
| <b>Grade Point Average (GPA)</b> <ul style="list-style-type: none"> <li>▪ Minimum 2.0 GPA required in major, minor, &amp; overall.</li> <li>▪ Some majors require higher GPA.</li> <li>▪ Latin Honors GPA requirements:                             <ul style="list-style-type: none"> <li>○ Summa cum laude: 3.9-4.0</li> <li>○ Magna cum laude: 3.80-3.89</li> <li>○ Cum laude: 3.60-3.79</li> </ul> </li> </ul> | Cumulative GPA              |            |
|  | Major 1 GPA                 |            |
|  | Major 2 GPA                 |            |
|  | Minor GPA                   |            |
| Other Limits   | Minimum/Maximum             | Your Total |
| <b>Overall maximum courses graded Pass/No Pass (P/N)</b> <ul style="list-style-type: none"> <li>▪ Grade of 2.0 or above required to Pass and earn credit for course.</li> <li>▪ Maximum of 2 of 6 credits P/N may be in major.</li> </ul>  | Maximum of 6                |            |
| <b>Major Courses graded Pass/No Pass (P/N)</b>   | Maximum of 2                |            |
| <b>Latin Honors courses graded Pass/No Pass (P/N)</b>  | Maximum of 2                |            |
| <b>Latin Honors traditionally graded courses</b>   | Minimum of 14               |            |
| <b>Internships</b>   | Maximum of 4                |            |
| <b>Independent/Directed Studies</b>  | Maximum of 2                |            |