

**Augsburg University**  
**MA in Nursing Course Descriptions**

**NUR500 Transcultural Health Care**

**3 Semester Credits**

This course explores meanings and expressions of health, illness, caring, and healing transculturally. Culture is examined as a pervasive, determining "blue print" for thought and action throughout the human health experience. Patterns of human interaction that foster health and quality of life are analyzed and health destroying patterns of interaction, i.e., stereotyping, discrimination, and marginalization, are submitted to moral and ethical reflection. Likewise, power structures within dominant social systems (including the Western bio-medical care system) are discussed to identify dilemmas of justice related to resource allocation.

Core Curriculum Component: None

Prerequisite(s): None

**NUR500P Practicum: Transcultural Health Care**

**1 Semester Credits**

This practicum explores meanings and expressions of health, illness, caring and healing transculturally. Students are introduced to fundamental skills of transcultural nursing practice in a variety of settings and guided to recognize cultural dynamics that shape the underlying relationships of health and healing.

Core Curriculum Component: None

Prerequisite(s): None

**NUR501 Nursing Leadership in Complex Adaptive Systems**

**3 Semester Credits**

This course examines transcultural care systems through a complex science lens and a nursing leadership perspective. Organizations and care systems are viewed as complex adaptive systems where continuous change and unpredictability rule development and system-wide evolution. The importance of relationships, the role of self-organization (autopoiesis), and the processes of emergence and co-evolution are explored via readings and class discussion.

Core Curriculum Component: None

Prerequisite(s): None

**NUR501P Practicum: Nursing Leadership in Complex Adaptive Systems**

**1 Semester Credits**

This practicum focuses on leadership skills necessary to lead change in open dynamic networks of care and healing. Reflective practice opportunities are created in emerging care settings.

Core Curriculum Component: None

Prerequisite(s): None

**NUR505 Theoretical Foundations for Advanced Nursing Practice**

**3 Semester Credits**

This course focuses on nursing science and nursing theory as foundational to advanced transcultural nursing practice. Philosophical underpinnings of different theoretical and research traditions in nursing are compared and related to the provision of culturally competent care in diverse communities. Nursing science is emphasized as a process of theory advancement and as an accumulating body of nursing knowledge.

Core Curriculum Component: None

Prerequisite(s): None

**Augsburg University**  
**MA in Nursing Course Descriptions**

**NUR505P Practicum: Theoretical Foundations for Advanced Nursing Practice**

**1 Semester Credits**

This practicum is designed to expand horizons of meaning and action in the world. Focus is on nursing science and nursing theory as foundational to advanced nursing practice. Embodied ways of knowing, health and healing practices, self-care modalities, and expanding conscious awareness are explored and experienced for practical application in local contexts.

Core Curriculum Component: None

Prerequisite(s): None

**NUR520 Research Methods in Nursing**

**3 Semester Credits**

Through a combination of literature review, field experience, and class discussion, research methods relevant to the exploration of culture and health will be examined. Class topics will include formulating study questions to explore collective foundations of meaning and explanation in health and illness, practice in data collection procedures of field research, and issues of interpretation and analysis in qualitative research. (Prereq: college-level statistics course)

Core Curriculum Component: None

Prerequisite(s): None

**NUR520P Practicum: Research Methods in Nursing**

**1 Semester Credits**

This practicum is associated with NUR 520 and focuses on the research process to benefit the profession of nursing and contribute to the knowledge base for practice. During the NUR 520 course students explore quantitative and qualitative methodologies with an emphasis on utilizing a methodology appropriate to questions of transcultural and transformational practice. In this practicum, students will design a research study proposal based on their nursing practice focus.

Core Curriculum Component: None

Prerequisite(s): None

**NUR521 Transformational Nursing Leadership**

**3 Semester Credits**

This course emphasizes transformational nursing leadership and management in partnership with diverse groups. Transcultural competence is lifted up as significant to the evolving leadership and planning skills needed in emerging care systems. Opportunities for students to engage in designing relevant models of care delivery are woven into clinical practice.

Core Curriculum Component: None

Prerequisite(s): None

**NUR521P Practicum: Transformational Nursing Leadership**

**1 Semester Credits**

This practicum provides opportunities for students to explore nursing leadership styles in collaboration with individuals and teams of health care professionals in a variety of care settings. Participant-observation encourages identification of dominant values and beliefs within care systems and organizations. How values and beliefs influence leadership styles, health outcomes among diverse populations, and work environments are also examined. Leadership styles that foster positive health outcomes and healthy work environments are uplifted.

Core Curriculum Component: None

Prerequisite(s): None

**Augsburg University**  
**MA in Nursing Course Descriptions**

**NUR523 Theory, Research, and Practice Seminar** **3 Semester Credits**

The conceptualization, investigation, and application of nursing knowledge will be critiqued with particular focus on its contribution to developing practice in transcultural community health care. Through reflection and dialogue, which includes professional experience of practice contexts, as well as theoretical and research literature, students will formulate a transcultural nursing model of care.

(Prereq: consent of instructor)

Core Curriculum Component: None

Prerequisite(s): NUR505 (Theoretical Foundations for Advanced Nursing Practice), NUR520 (Research Methods in Nursing)

**NUR523P Practicum: Theory, Practice, Research Seminar** **2 Semester Credits**

This practicum focuses on the practical application of nursing theory and research to nursing practice. While working with nursing faculty, students begin to fashion their final graduate field project, describing a theory-based care initiative that advances nursing practice in transcultural holistic nursing or transformational nursing leadership.

Core Curriculum Component: None

Prerequisite(s): None

**NUR525 Graduate Field Project** **3 Semester Credits**

This course focuses on the application and integration of knowledge to a student-selected issue or topic of concern relevant to transcultural nursing, community health nursing, and/or transformational nursing leadership. This course focuses on a written report of the student's project that has been developed in the nursing core. Relevant coursework is integrated into the project and the final written report. Plans for disseminating the report for public and professional use are encouraged. Students will defend the project to their graduate committee (major faculty adviser and two readers) and invited guests at the time of completion. (Prereq: consent of instructor)

Core Curriculum Component: None

Prerequisite(s): None

**NUR525P Practicum: Graduate Field Project** **2 Semester Credits**

This practicum focuses on the completion of the graduate field project related to a selected practice issue relevant to transcultural holistic nursing practice or transformational nursing leadership.

Working with nursing faculty, students complete their final written report of a theory based care initiative that advances nursing practice.

Core Curriculum Component: None

Prerequisite(s): None

**NUR530 The Power of Ritual and Ceremony for Transformation**

**3 Semester Credits**

In this course, the student will explore ritual and ceremony from a transcultural perspective. Attention will be focused on rituals and ceremonies in specific cultures and religions, and in the modern American medical system that sustains its own rituals. In some cultures, formal or informal religious practices may be integral to the ritual of ceremony and healing. In modern American culture, the perceived division between the mind, body, and spirit has led to ritual and ceremony being considered adjunctive to the scientific approach ritual and ceremony into their lives and health care practices. Students will also discuss the meaning of ritual and ceremony to their own lives and professional practice.

Core Curriculum Component: None

Prerequisite(s): None

**Augsburg University**  
**MA in Nursing Course Descriptions**

**NUR530P Practicum: The Power of Ritual and Ceremony for Healing and Transformation** **1 Semester Credits**

This practicum focuses on integrating ritual and ceremony into health seeking and caring practices. Opportunities are provided to interact with persons who integrate ritual and ceremony into their lives and healthcare practices, to visit sacred sites, to participate in rituals and ceremonies within selected cultural traditions, and to reflect on the meaning and expression of rituals and ceremonies in one's own personal and professional life.

Core Curriculum Component: None

Prerequisite(s): None

**NUR532 Transcultural Healing and Self Care** **3 Semester Credits**

This course introduces students to integral healing practices including their historical and cultural contexts. Reflection and dialogue on the philosophical underpinnings of therapeutic systems and paradigms of healing are explored. Potential modalities include: music and art therapy, traditional Chinese medicine, mind-body healing, spiritual practices, energy healing, movement therapies, homeopathy, or massage. Students learn self-care and applications to patient populations.

Core Curriculum Component: None

Prerequisite(s): None

**NUR532P Practicum: Transcultural Healing Practices** **1 Semester Credits**

Students are guided in experiencing and applying selected transcultural healing practices in local contexts of care to benefit others as well as oneself. Transcultural healing practices include, but are not limited to, music therapy, traditional Chinese medicine, mind-body healing, spiritual and faith healing, energy healing, movement therapies, and homeopathy.

Core Curriculum Component: None

Prerequisite(s): None

**NUR541 The Politics of Health Care** **3 Semester Credits**

This course will explore how health and illness are related to inequities in society and dynamics of power in systems of health care. The following issues will be examined in the course: How widening gaps in the distribution of wealth diminish the health of all members of society; how social inequities become medicalized as health disparities, how an emphasis on profit in health care affects the distribution of healing resources in the population, and what strategies the poor and powerless employ to gain access to health care resources. This course will include an optional study abroad experience in Guatemala.

Core Curriculum Component: None

Prerequisite(s): None

**NUR541P Practicum: Politics of Health Care** **1 Semester Credits**

This practicum focuses on the relationship of health and illness to inequities in society and the dynamics of power in systems of health care. Students are guided in exploring health as a human right, as they begin to name and bear witness to structures of injustice within various contexts.

Core Curriculum Component: None

Prerequisite(s): None