Proximal with Medica

Supplemental benefits for covered events, paid to you

When you face a serious hospitalization or illness — like a cancer diagnosis or inpatient surgery — you want a highly ranked provider who is experienced.

A supplemental benefit called Proximal is available alongside your Medica health plan, which gives you the opportunity to choose top in-network providers for covered events and claim a supplemental benefit up to $1,500, paid directly to you.

COVERED HOSPITALIZATIONS & ILLNESSES

- Cancer
- Severe autoimmune disease
- In-patient hospitalization for medical, surgical, or behavioral
- Same-day hospitalization for 800+ events, including knee replacement, cochlear implant, and pacemaker insertion

WHY PICK WITH PROXIMAL

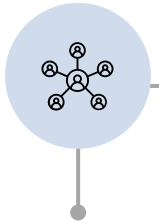
Proximal aggregates dozens of publicly available rankings and distills the research into a short list of highly ranked providers.

You may not need it today — but remember to pick with Proximal. It's your just-in-case benefit for finding highly ranked providers.

Proximal with Medica is a separate group fixed indemnity policy underwritten by Benchmark Insurance Company and does not replace the Medica medical plan. Medica, Proximal, and Benchmark Insurance Company do not provide employee benefits or tax advice. Please consult your own advisors if you have questions in that regard. The benefit can be claimed once per calendar year for cancer and severe auto-immune disease and once per confinement for hospitalization.

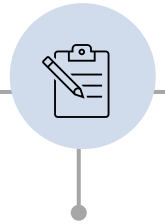
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How to Pick with Proximal



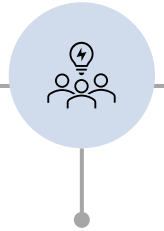
CONNECT

- Log in to the Proximal portal at www.medica.proximal.com
- Call the toll-free number 877-740-2199
- Email support.medica@proximal.com



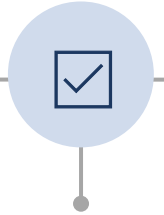
RESEARCH

Search a short list of designated highly ranked providers who are in your Medica health plan network and specialize in your condition



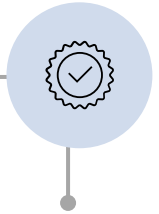
CHOOSE

Evaluate options, make the decision best for you, then proceed with your selected provider



CLAIM

- After your covered event, start a Proximal claim online
- Provide a review of the provider, and upload documentation confirming your event
- Complete claims are processed in 3 business days



SUPPLEMENTAL BENEFIT

Receive a supplemental benefit check payment via FedEx for:

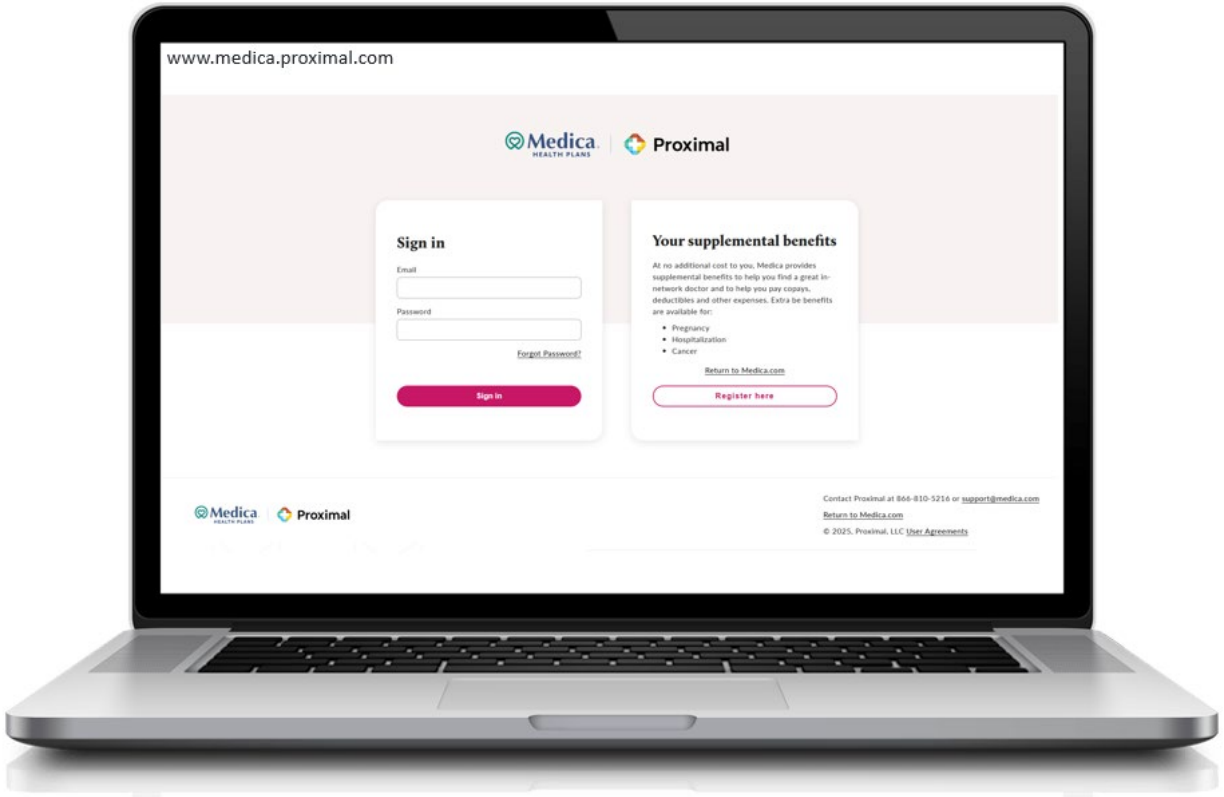
- $1,500 if you selected a highly ranked provider
- Or $300 if you selected a different provider

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Access to Proximal

Proximal | Medica URL
www.medica.proximal.com



Toll-free number
877-740-2199

Email
support.medica@proximal.com

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Proximal provider methodology

Proximal aggregates dozens of publicly available outcome rankings and process rankings to find highly experienced and highly ranked providers. Proximal distills this research into a short list of providers (aiming to identify top 20% in each network, each specialty, and each city) who are highly ranked by multiple sources.

Provider research looks at providers with taxonomies or online profiles indicating specialty in:

- Autoimmune (e.g. Rheumatology, Endocrinology)
- Cardiology
- Gastroenterology
- Nephrology
- OBGYN
- Oncology
- Surgery (e.g., General Surgery, Plastic Surgery)
- Urology

Data sources include:

- Outcome-based measures
- Process-based measures
- Credentialing & Certifications
- Patient Reported Outcome Measures

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