

# Today's Topics

- Medical Insurance Medica
  - Plan Designs & Rates
  - Networks, Resources, Value-adds
- Direct Primary Care Kavira
- Pre-Tax Account Overview Chard Snyder
- Dental Plan Delta Dental
- Vision Plan EyeMed
- Life/AD&D, Vol Life/AD&D, & Disability Unum
- Minnesota Paid Family & Medical Leave Unum NEW
- Additional Benefits
- Open Enrollment Action Items





# Health Insurance | Looking Ahead

- Renew with Medica
- Two (2) plan designs
  - Low Deductible
  - High Deductible + HSA
- Three (3) network options
  - Choice Passport (Open Access)
  - Park Nicollet and HealthPartners Medical Group First
  - VantagePlus
- Altogether, six (6) options to choose from
- Small plan change
  - Primary change to deductible & out-of-pocket max on High Deductible plan made to align with IRS requirements to keep deductible embedded.
- Premium increase of approx. +9% (typical inflationary increase is 8-10)
  - Initial renewal was +14.5%, final negotiated renewal +9.14%. Sha equitably between the University and Employees.





### Important Medical Terms to Know

#### Copay

• A set amount you pay for prescriptions on the Low Deductible plan. Your copays apply toward meeting your out-of-pocket maximum, but not your deductible.

#### Deductible

•The amount you pay each year before your insurance starts to pay.

#### Coinsurance

•Your share of the costs of a covered health care service – calculated as a percentage. Coinsurance applies after you've met your deductible.

#### **Out-of-Pocket Maximum**

•The most you will pay for health care services covered by your insurance in a year. Once you reach your out-of-pocket maximum, your insurance pays 100% of any additional covered charges for the rest of the year.

#### **Preventive Care**

•Preventive care can help detect or prevent serious diseases and medical conditions before they potentially become major. Examples include: annual check-ups, immunizations and certain age- or gender-specific screenings. This is different than diagnostic care, which is when your provider is looking for something specific to diagnose, often as a result of symptoms or based on the results of a preventive test or screening.



# 2026 Medical Plan Comparison

|  | <b>Low Deductible Plan</b> Passport, Park Nicollet & HP First or VantagePlus Network | <b>High Deductible + HSA Plan</b><br>Passport, Park Nicollet & HP First or<br>VantagePlus Network  |  |
|--|--|--|--|
| Calendar Year Deductible   | \$1,500 Single   | \$3,400 individual   |  |
| Calendar Year Maximum  | \$3,000 Family   | \$6,800 family   |  |
| Out-of-Pocket  | \$5,500 individual<br>\$11,000 family  | \$6,600 individual<br>\$13,200 family  |  |
| Coinsurance  | Plan pays 80%, you pay 20% after deductible  | Plan pays 80%, you pay 20% after deductible  |  |
| Routine Preventive Care  Physicals, Eye Exams, Immunizations, etc. | 100%   | 100%   |  |
| Office Visit / Urgent Care   | Plan pays 80%, you pay 20% after deductible  | Plan pays 80%, you pay 20% after deductible  |  |
| Inpatient / Outpatient   | Plan pays 80%, you pay 20% after deductible  | Plan pays 80%, you pay 20% after deductible  |  |
| Prescription Drugs<br>Generic Formulary                            | \$15 copay / \$30 mail order   | Generic: Plan pays 100%, you pay 0% after deductible. No cost for designated Preventive Rx         |  |
| Preferred Brand  | \$50 copay / \$100 mail order  | Preferred Brand: Plan pays 100%, you pay 0% after deductible. No cost for designated Preventive Rx |  |
| Non-Preferred Brand  | \$100 copay / \$200 mail order   | G  |  |
|  |  | Non-Preferred Brand: Plan pays 100%, you pay 0% after  |  |
| Specialty  | 80% to \$200 max per prescription per month; Non-<br>preferred: 70% coinsurance      | deductible. Preventive benefit does not apply  |  |
|  |  | Specialty: Plan pays 80%, you pay 20% after deductible to \$200 max per prescription per month     |  |



### 2026 Medical Rates

#### Increases to both Employee & Employer contributions

Pre-tax bi-weekly payroll deductions over 24 pay periods

|                               | Low Deductible Plan |   |                 | High Deductible + HSA Plan                    |               |   |                 |   |
|-------------------------------|---------------------|---|-----------------|---|---------------|---|-----------------|---|
|                               | Employee Cost       |   | University Cost |   | Employee Cost |   | University Cost |   |
|                               | Passport            | Park Nicollet &<br>HP First OR<br>VantagePlus | Passport        | Park Nicollet &<br>HP First OR<br>VantagePlus | Passport      | Park Nicollet &<br>HP First OR<br>VantagePlus | Passport        | Park Nicollet &<br>HP First OR<br>VantagePlus |
| Employee Only:                | \$107.48            | \$99.32                                       | \$379.65        | \$314.74                                      | \$62.40       | \$58.70                                       | \$365.62        | \$305.12                                      |
| Employee +<br>Child(ren):     | \$276.40            | \$261.80                                      | \$546.86        | \$437.97                                      | \$210.97      | \$197.22                                      | \$512.41        | \$417.65                                      |
| Employee +<br>Spouse/Partner: | \$365.40            | \$347.20                                      | \$755.00        | \$605.14                                      | \$277.54      | \$261.54                                      | \$706.93        | \$575.26                                      |
| Family:                       | \$539.81            | \$511.18                                      | \$1067.73       | \$855.22                                      | \$398.22      | \$373.48                                      | \$1014.28       | \$827.15                                      |



### Medicare Creditable Drug Coverage

- If working beyond age-65, even if Medicare eligible, you can remain on Augsburg's group medical plan if you so choose.
- Medicare requires participants to have been enrolled in a creditable drug plan, at the age of 65, prior to enrolling in Medicare or be subject to a penalty.
  - The penalty is equal to 1% of the monthly Part D prescription drug plan cost for each month you do not have creditable coverage prior to enrolling, at the age of 65. This penalty is for life/duration you are enrolled on Medicare.
- <u>Both</u> of Augsburg's medical plans for 2026 are considered <u>creditable</u> by Medica.
  - You will receive a notice upon enrollment, and annually each October by Medica.

#### Turning 65 soon or already 65+?

Learn more about your Medicare options by contacting **TLC Insurance Group** at 800.719.3751





# Don't Forget Kavira!

We are happy to continue to offer Kavira as an enhancement to our medical plan offering while providing our employees the convenience of receiving everyday healthcare through low- to no-cost telehealth and home visits!

- The goal of this offering is to save you time and money when addressing preventive needs and common acute illnesses within the comfort of your own home (virtually or in-person).
- Kavira is available for all Augsburg University medical plan members. Regardless of what medical plan tier you are enrolled in, you and your immediate family will be covered under the Kavira plan.
- Kavira is NO COST to you!
- Please visit www.kavirahealth.com to create your member profile or call 763.373.3856.





# Kavira (cont.)



#### Virtual Care First

- Diagnose
- ✓ Prescribe
- Treatment
- Peace of Mind



#### House Visits

When in-person care is needed, our clinicians come to you.

- ✓ In-Home Labs
- ✓ In-Home Exams
- ✓ In-Home X-Rays
- ✓ In-Home Acute Care



### Rx Refills & Delivery

Prescription management, Free Rxs, and delivery.



#### Mobile App

Secure, HIPAA-compliant messaging and video chats with expert providers.



Free Care

Employees and their families receive unlimited free care on demand.\*

#### **Acute Care**

- Asthma
- Athlete's foot
- Bronchitis
- Bug bites
- Cold sores
- · Cough, cold & flu
- Diarrhea
- Ear concerns (pain, drainage, wax)
- Gout flare up
- Hand, foot, mouth
- Insomnia
- Muscle or joint pain
- Pink eye
- Rashes, skin conditions
- Burns
- Sprains and strains
- Sinus infection
- Sore throat
- Stitch removal
- UTI (female)
- Vaginitis (yeast or BV infection)
- Various viral illnesses
- Wart evaluation
- Many more

#### **Chronic Care**

- Acne
- Anemia (mild) evaluation
- Anxiety / Mildmoderate depression
- Asthma
- Constipation
- Diabetes type 2
- Eczema
- Epi-pen refills
- Gout
- Hair Loss
- Heartburn (GERD)
- High cholesterol
- Hypertension
- Hypothyroidism
- Obesity
- Osteoarthritis
- Seasonal allergies

#### **Diagnostics**

- X-rays (non-emergency)
- EKGs
- Lab Tests

#### **Wellness Services**

- Wellness exams
- Sports physicals
- Contraception
- Tobacco / nicotine cessation
- Wellness goals



Download the App

KaviraHealth.com/Download

Call or Text: 763.373.3856

#### Behavioral Health Counselina

- Abuse
- Addiction
- Anxiety
- Depression
- Domestic violence
- Trauma
- Relationship counseling
- Stress
- Workplace challenges





# Health Savings Account (HSA)

- Must be enrolled in the High Deductible + HSA Plan
- Tax-advantaged savings account administered through Chard Snyder to pay for current and/or future medical, dental, vision and hearing expenses
- Funded by employee contributions per pay period (or lump sum):
  - Maximum Annual Single HSA Contribution: \$4,400
  - Maximum Annual Family HSA Contribution: \$8,750
  - Catch up contribution if 55+: \$1,000
- Flexibility to change deductions throughout the year
- You own the funds in your account and the balance rolls over tax-free year after year!







## Important Reminders | HSA

- In order to participate in an HSA:
  - You may NOT be claimed as a dependent on someone else's tax return
  - You may NOT be covered by another health plan that provides first dollar coverage
  - You and your spouse may NOT enroll in a Health Care FSA
  - You may NOT be enrolled in a government health plan, such as Medicare, Medicaid or TriCare

Please note: faculty and staff over age 65 and enrolled in Medicare A or B may withdraw money from an HSA without penalty but may not continue to contribute.





# Flexible Spending Accounts (FSA)

- Administered by Chard Snyder
- Three (3) FSAs allows you to set aside pre-tax money to pay for certain expenses:
  - Healthcare FSA for employees <u>not</u> contributing to HSA
    - Up to \$3,400 for medical, dental, vision or hearing expenses
  - Limited Purpose FSA for employees on HDHP and contributing to HSA
    - Up to \$3,400 for dental, vision or post-deductible medical expenses ONLY
  - Dependent Care FSA for employees with eligible dependent costs
    - Up to \$7,500 for eligible dependent care expenses (children under the age of 13, disabled dependents, elder care)
    - Maximum is \$3,750 if married filing separate tax returns.





## Important Reminders | FSAs

- You may NOT contribute to both an HSA and a Healthcare FSA
- You may NOT change your election mid-year unless you have a corresponding qualifying event
- Estimate expenses before the plan year begins
- Must substantiate reimbursement requests <u>Keep your receipts!</u>
- Expenses must be incurred (date service received) between:

#### January 1st and December 31st

- Receipts need to be submitted for reimbursement by March 31<sup>st</sup> of the following year (run-out period)
- Carry-over opportunity
  - Unused funds up to \$680 can be carried over to the following year. Funds in excess of \$680 not used by end of the run-out will be <u>forfeited</u>.





# HSA / FSA | Tax Savings Example

Michelle earns \$40,000 per year and anticipates \$1,500 in eligible expenses. By using her HSA or FSA to pay for her expenses, at the end of the year, she has \$375 extra to spend on something else.

|   | Without HSA/FSA              | With HSA/FSA                |
|---|------------------------------|-----------------------------|
| Gross Pay   | \$40,000                     | \$40,000                    |
| Less Account Contribution                                   | - \$0                        | -\$1,500                    |
| Taxable Income  | \$40,000                     | \$38,500                    |
| Less Taxes (Federal, State, FICA – assumes 25% tax bracket) | <u>-\$10,000</u><br>\$30,000 | <u>-\$9,625</u><br>\$28,875 |
| Less Out-of-Pocket Expense                                  | -\$1,500                     | -\$1,500                    |
| Plus Reimbursement  | + \$0                        | + \$1,500                   |
| Spendable Pay   | \$28,500                     | \$28,875                    |



# Dental Plan | Delta Dental



|  | Delta Dental PPO<br>Network        | Delta Dental Premier<br>Network     | Non-Participating<br>Providers      |  |
|--|------------------------------------|-------------------------------------|-------------------------------------|--|
| Diagnostic & Preventive                                  |                                    | 100%                                | 100%                                |  |
| Basic Restorative Services                               |                                    |                                     |                                     |  |
| Basic Endodontics  | 100%                               | 80%                                 | 80%                                 |  |
| Basic Periodontics                                       |                                    | 80%                                 | 8070                                |  |
| Basic Oral Surgery                                       |                                    |                                     |                                     |  |
| Major Services   |                                    |                                     |                                     |  |
| Orthodontics  Adults and children age 8+                 | 60%                                | 50%                                 | 50%                                 |  |
| Annual Deductible Applies to all non-preventive services | \$25 per person<br>\$75 per family | \$50 per person<br>\$150 per family | \$50 per person<br>\$150 per family |  |
| Annual Plan Maximum                                      | \$2,000 per person                 | \$1,000 per person                  | \$1,000 per person                  |  |
| Orthodontic Lifetime Maximum                             | \$2,000 per person                 | \$1,000 per person                  | \$1,000 per person                  |  |

Small increase to employee premiums

|                              | Dental  |  |  |  |
|------------------------------|---------|--|--|--|
| Per Pay Period Employee Cost |         |  |  |  |
| Employee Only:               | \$21.07 |  |  |  |
| Employee +<br>Child(ren):    | \$55.76 |  |  |  |
| Employee + Spouse/Partner:   | \$52.97 |  |  |  |
| Family:                      | \$52.45 |  |  |  |









|   | EyeMed Insight Network (in-network benefits)                                   |  |  |
|---|--|--|--|
| Spectacle Lenses Standard Single Vision Standard Bifocal Standard Trifocal Standard Progressive | \$25 copay<br>\$25 copay<br>\$25 copay<br>\$90 copay                           |  |  |
| Frames  | \$130 allowance, 20% off balance over \$130                                    |  |  |
| Contact Lenses Conventional Disposable Medically Necessary                                      | \$130 allowance, 15% off balance over \$130<br>\$130 allowance<br>Paid in full |  |  |
| Laser Vision Correction   | 15% off retail price   |  |  |
| Frequency Lenses or Contact Lenses Frames   | Once every 12 months Once every 24 months                                      |  |  |

No changes to plan or premiums!

|                              | Vision |  |  |
|------------------------------|--------|--|--|
| Per Pay Period Employee Cost |        |  |  |
| Employee Only:               | \$2.16 |  |  |
| Employee +                   | \$4.32 |  |  |
| Child(ren):                  |        |  |  |
| Employee +                   | \$4.10 |  |  |
| Spouse/Partner:              |        |  |  |
| Family:                      | \$6.35 |  |  |





## Life & Disability | Unum

- Augsburg covers the cost of your Basic Life / AD&D, and Long-Term Disability benefits
- Basic Life benefit is 1.5x annual salary up to \$200,000 max
  - You pay tax on the premium paid by Augsburg for coverage over \$50,000 (imputed income)
- You are also eligible to purchase additional Supplemental Life insurance for you and your dependents

**Buy-in, Buy-up**: *If* you enrolled at <u>any</u> coverage amount during initial eligibility, you can purchase up to the Guarantee Issue amount during Open Enrollment.

If you did not enroll when first eligible, you can still enroll, but will be subject to evidence of insurability (EOI) requirements





### MN Paid Family & Medical Leave (PFML) | Unum

- Effective January 1, 2026, Augsburg University employees who work more than 50% of the time in Minnesota are entitled to Paid Family & Medical Leave (PFML) under the Minnesota Paid Leave law.
- This program has been put in place by the State of Minnesota and provides partial wage replacement to employees who take leave from work for qualifying family or medical reasons.
- The Augsburg private plan will be administered by Unum.
- Cost to employees will be 50% of the State rate which is 0.44% (or \$0.44 per \$100 of earnings)
- Benefit amounts are calculated as a % of salary
- Benefit duration is up to 12 weeks of medical leave or 12 weeks of family leave (not exceed 20 weeks in a 12 month period).







### **Additional Benefits**

- 403(b) Retirement Plan
- Time Off (holiday, vacation, personal, etc.)
- Short-term Disability
- Tuition Remission
- Pet Insurance
- Employee Assistance Program (EAP)
  - HealthAdvocate (for all employees)
  - Optum (for medical plan members)
- Medical Bill Saver
- Will Prep & Life Planning Services
- Travel Assistance





## **Annual Opportunity**

- Open enrollment is your <u>annual</u> opportunity to enroll, make changes, or drop your benefit coverage *without* a qualifying life event!
- Common qualifying life events include:
  - 1. Marriage
  - 2. Birth or adoption of a child
  - 3. Divorce, legal separation, termination of employment, reduction in hours worked or death of spouse
  - 4. Loss of coverage under Medicaid or state child health plan
  - 5. Gaining eligibility for coverage under Medicaid, Medicare or a state child health plan
- #1, #2, and #3 above require you to notify HR within 30 days; #4 and #5 require notification within 60 days











### Dates to Remember!

DON'T
FORGET

Open enrollment runs from: November 3<sup>rd</sup> to November 14<sup>th</sup>

### November 2025

| Sunday   | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------|--------|---------|-----------|----------|--------|----------|
|          |        |         |           |          |        | 1        |
| 2        | 3 Go!  | 4       | 5         | 6        | 7      | 8        |
| 9        | 10     | 11      | 12        | 13       | 14     | 15       |
| 16 STOP! | 17     | 18      | 19        | 20       | 21     | 22       |
| 23       | 24     | 25      | 26        | 27       | 28     | 29       |
| 30       |        |         |           |          |        |          |



## **Next Steps**

• All benefits eligible faculty and staff are encouraged to completed an online enrollment form.

- This year's Open Enrollment is PASSIVE. If you do not make an active election during Open Enrollment, your current benefit selections will carry over to 2026!
- Go to <u>inside.augsburg.edu</u>, select Open Enrollment under Administrative tasks, and follow the prompts and on-screen instructions
  - If you have recently changed your address, please complete an address change form and submit to HR.



# Questions?

Email <a href="mailto:hr@Augsburg.edu">hr@Augsburg.edu</a>



