

**Center For Global Education**  
**Travel Seminar Program Planning Checklist**  
*Namibia and South Africa*

**CGE in Namibia and South Africa:**

CGE has permanent faculty and staff in Namibia, including an office, classroom facilities, and a guesthouse in Windhoek. We have longtime consultants that we use for programming in Cape Town and Johannesburg, South Africa, but no permanent staff or facilities. We utilize local hotels and church-run guesthouses for accommodations outside of Windhoek in Namibia, and in South Africa.

**Programming in Namibia and South Africa:**

In light of our mission, all travel seminars include the following: country orientation, health and safety and cross-cultural adaptation; dialogue with leaders at the governmental and local level; analysis/ reflection sessions once every 2-3 days; and re-entry discussion before departure. Depending on the theme(s) of your seminar, additional programming will include specific visits, activities and speakers related to your interests and goals.

**Key Southern African themes/topics:**

- Race relations
- Ethnicity
- *Ubuntu*
- Globalization
- Apartheid
- Nation building
- Reconciliation
- Decolonization of the mind
- Human rights
- Health
- HIV/AIDS
- Politics
- Women/gender issues
- Environmental/sustainability issues
- Climate change
- Education

**Namibia and South Africa Checklists:**

On the following pages are the checklists of possible activities, visits and travel in Namibia and South Africa to help us to plan your travel seminar and meet your goals. Visits are grouped by theme or topic area. There are generally 2-3 visits per full program day. This is just a sample of the visits that can be arranged! Suggested visits outside the main cities are listed at the end.

**Homestays:**

Homestays are an integral part of our program and provide participants with an excellent opportunity to establish relationships and experience communities first hand. Homestays are usually 1-3 days.

There are two options for homestays in Namibia. Groups can choose to do one or both options. Please check your preference:

**Urban Homestay:** Participants will stay with families of various ethnic backgrounds throughout different areas of Windhoek, including Katutura, Khomasdal and other suburbs.

**Rural Homestay:** Participants will stay with families in a rural area. Possible areas include Khorixas (Central), and Oniipa (Northern).

## **Namibia Checklist:**

### **Agriculture and Land Reform**

- Visit the Ministry of Lands, Resettlements and Rehabilitation
- Meet with representatives of the commercial and/or communal farmers' unions
- Meet with experts from the University of Namibia on land issues
- Visit a rural area and meet communal farmers

### **Arts and Culture**

- Visit the Cultural Centers of various foreign embassies
- Participate in an art, craft and culture workshop
- Visit community art centers
- Discuss women's initiatives in crafts for income generation
- Tour the National Art Museum
- Tour the National Museum of History
- Visit the College of the Arts
- Participate in an African drumming workshop

### **Business/Economy**

- Visit small businesses
- Presentations on the effects of globalization on the economy
- Meet with micro-finance lending institutions
- Visit small business training organizations
- Learn about Black Economic Empowerment
- Visit with organizations promoting Namibian based business

### **Environment**

- Visit the government ministry dealing with environment and tourism
- Visit the government ministry dealing with fisheries and marine resources
- Visit environmental research organizations
- Visit wildlife conservation organizations
- Visit organizations offering legal advice

### **Health Care**

- Visit the state hospital (Katutura Hospital)
- Visit the Ministry of Health and Social Services
- Discuss current initiatives and challenges in health
- Visit the Center for Disease Control (CDC) office in Namibia
- Meet with leaders of local NGO's dealing with healthcare issues in Namibia

### **Human Rights**

- Visit organizations offering legal advice
- Discuss human rights awareness, promotion
- Meet with organizations dealing with human rights during the liberation struggle

### **Politics**

- Meet with SWAPO Party representatives
- Meet with SWAPO Youth Party representatives
- Meet with opposition party representatives
- Visit institutions dealing with reconciliation
- Hear political analysis from University of Namibia

### **Education**

- Visit Ministry of Education
- Discuss current initiatives and challenges in education
- Visit education department at the University of Namibia
- Meet with representatives of the trade unions representing teachers
- Visit vocational training centers
- Visit public and/or private kindergartens, primary and/or secondary schools

○ **Faith, Religion**

- Dialogue with seminary students
- Visit the Council of Churches in Namibia
- Visit the Religion Department at the University of Namibia
- Meet with community-based religious organizations
- Worship in a local church

○ **HIV/AIDS**

- Discuss HIV/AIDS education
- Visit HIV/AIDS-related orphanages
- Visit HIV+ support groups
- Learn about the Peer Educator Program

○ **Media**

- Visits to local radio stations
- Visits to local newspapers
- Learn about social marketing on various issues including HIV awareness

○ **Women/Gender Studies**

- Visit feminist organizations
- Visit organizations promoting human rights for the LGBTI community
- Visit a shelter for survivors of gender based violence
- Visit grassroots women's development orgs

### **Outside of Windhoek:**

Note: Namibia is a vast country with variable road conditions. It is not possible to cover all areas. Please keep in mind distance and time when choosing destinations.

○ **Swakopmund/Walvis Bay** (coastal towns, 4 hours west from Windhoek, about half an hour from each other)

Walvis Bay is a port city and industrial hub for Namibia. Groups visiting Walvis Bay often learn about the impact of international trade on the area, the sensitive ecological zone and various NGO's working to address the social issues arising from the highly mobile population. There are also several mines in the area. Swakopmund is known more as the tourist destination on the coast. With beautiful beach views, and adventure activities, the extreme inequality in the town is hidden to the typical tourist. Common visits include learning about the housing challenges, particularly in the informal settlements, as well as organizations dealing with issues around access to education. Visitors to the coast often visit the sand dunes of east of Walvis Bay, and the Walvis Bay lagoon to see the flamingos and other birds. The Cape Cross seals are 1.5 hours north of Swakopmund.

○ **Sossusvlei** (large dunes in Namib-Naukluft National Park, 5-6 hours southwest of Windhoek, southeast of Swakopmund)

The sea of large red dunes is an amazingly beautiful visit, particularly at sunset and sunrise.

○ **Oshakati/Ondangwa** (northern cities -place of liberation struggle, 8-9 hours north of Windhoek)

“The North” of Namibia is what approximately 50% of Namibians consider to be home. This area was considered to be mainly a labor reserve by the apartheid government and was largely ignored in terms of development. In “the north” you can visit various historical sites important to the liberation of Namibia, visit a rural homestead, and experience firsthand the difference in development compared to much of the rest of the country. While the current government has done much to improve the living conditions for people living in this area, there are still significant differences which can be noticed.

○ **Otjiwarongo** (3 hours north of Windhoek)

The Cheetah Conservation Fund, Africat and the Rare and Endangered Species Trust are organizations in this area working for protection and conservation of wildlife.

○ **Etosha** (national game park, 6 hours north of Windhoek)

View wildlife indigenous to Namibia in their natural setting. It is also possible to meet with a game ranger and learn about conservation activities in the park.

○ **Waterberg Plateau Park** (national park, 4-5 hours northeast of Windhoek)

Waterberg Plateau is a beautiful geological formation, but was also the site of The Battle of Waterberg which started the Herero genocide. Learn about the Herero genocide, conservation issues in the area and visit a rural community.

○ **Brandberg Mountain** (Namibia's Highest Mtn, 4-5 hours northwest of Windhoek)

Brandberg Mountain has some very significant rock art for the San community. Nearby, the desert elephants also roam freely and can be tracked.

### **Other Regions or Countries:**

**These involve a significant time or cost commitment.**

Namibia: ○ **Kavango/Zambezi Regions** (Rundu is 8-9 hours northeast of Windhoek, Katima Mulilo is 6 hours further)

The Kavango and Zambezi regions of Namibia have higher rainfall than the rest of the country, including perennial rivers. The unique ecosystem, different ethnic groups, and unique history and politics of this part of the country portray a different aspect of life in Namibia.

South Africa:  Cape Town  Johannesburg  Other:

Botswana:  Gabarone  Other:

**Other Comments or Notes:**

## South Africa - Cape Town:

### **Identity**

- Learn about the formation of coloured identity
- Reconciliation and identity
- Muslim and religious identity
- Masculine identity in coloured communities

### **Transition and Reconciliation**

- Visit various NGO's addressing reconciliation and restorative justice
- Attend a workshop by the Institute for Healing of Memories
- Visit the Holocaust Museum

### **HIV/AIDS**

- Visit a HIV/AIDS support group
- Visit the Treatment Action Campaign
- Meet with community healthcare workers
- Visit a voluntary counselling and testing center

### **Women/Gender Studies**

- Visit organizations focused on women's issues
- Discuss gay and lesbian issues
- Visit grassroots women's development organizations
- Visit organizations dealing with income generation
- Visit organizations dealing with sex work

### **Human Rights**

- Visit organizations offering legal advice
- Discuss human rights awareness, promotion
- Meet with organizations dealing with human rights during apartheid

### **History**

- Visit Robben Island Prison and Museum
- Visit Mayibuye Archives (Robben Island Archives)
- Visit District Six Museum and site
- Visit the Slave Lodge
- Visit the townships – Langa, Guguletu, Khayelitsha

### **Faith, Religion**

- Dialogue with church leaders
- Worship in a local church
- Meet with community-based religious

### **Business/Economy**

- Visit small businesses
- Presentation on effects of globalization on economy
- Visit small business training organizations
- Meet with micro-finance lending institutions

### **Environment**

- Visit a wetland conservation area
- Learn about environmental protection efforts

○ **Youth, Education**

- Visit a school

○ **Arts and Culture**

- View a live theatre production  
 Visit community art centers and museums  
 Analyze the role of art in the struggle against apartheid

**Areas around Cape Town:**

- Visit Cape Point National Park (Cape of Good Hope)  
 Visit wineries run by previously disadvantaged people (land redistribution)  
 Visit Table Mountain  
 Visit Kirstenbosch Botanical Gardens

**Other Comments or Notes:**

## **Johannesburg Themes:**

### **○ Homestays**

- Similar to Windhoek, we offer an urban homestay experience with families in Soweto.

### **○ History**

- Visit Voortrekker Monument
- Visit Apartheid Museum
- Tour Soweto
- Visit Hector Peterson Museum
- Visit Africa Museum
- Visit Union Building in Pretoria

### **○ Politics**

- Meet with ANC Party representatives
- Meet with ANC Youth Party representatives
- Meet with representatives from opposition parties

### **○ Human Rights**

- Visit organizations offering legal advice
- Meet with organizations dealing with human rights during the liberation struggle
- Discuss Truth and Reconciliation issues

### **○ Arts and Culture**

- View a live theatre production
- Visit community art centers and museums
- Analyze the role of art in the struggle against Apartheid

### **○ Faith, Religion**

- Dialogue with church leaders
- Meet with community-based religious organizations
- Worship in a local church
- Visit Regina Mundi Church

### **○ Business/Economy**

- Visit small businesses
- Presentations on the effects of globalization on the economy
- Meet with micro-finance lending institutions
- Visit small business training organizations

## **Areas around Johannesburg:**

- Visit to Kruger National Park
- Sun City
- Pilanesburg National Park

## **Other Comments or Notes:**