

## TESTIMONY

### PSALM 121

1

I lift up my eyes to the mountains—  
where does my help come from?

2

My help comes from the Lord,  
the Maker of heaven and earth.

3

He will not let your foot slip—  
he who watches over you will not slumber;

4

indeed, he who watches over Israel  
will neither slumber nor sleep.

5

The Lord watches over you—  
the Lord is your shade at your right hand;

6

the sun will not harm you by day,  
nor the moon by night.

7

The Lord will keep you from all harm—  
he will watch over your life;

8

the Lord will watch over your coming and going  
both now and forevermore.

Matthew 6:34 NIV is a verse from the New International Version of the Bible that says: **Therefore do not worry about tomorrow**, for tomorrow will worry about itself. Each day has enough trouble of its own<sup>1</sup>









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16<sup>th</sup> Dec. 1980 - 27<sup>th</sup> Jan. 2018







