

BLESSING

POSTLUDE *Deep River*

Samuel Coleridge Taylor

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WORSHIP LEADERS

Reflection: Ellie Olson, Director, Center for Wellness & Counseling

Liturgist: Rev. Babette Chatman, University Pastor

Musician: Brian De Young, Campus Ministry Musician

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Music Notes: When music critic Alex Ross's mother died in 2020, he wrote a poignant piece for The New Yorker titled "Grieving with Brahms." He reflected on the three intermezzi of Opus 117, pieces that Brahms described as "lullabies of sorrow" and which Ross practiced at home in his youth. He writes, "I could tell [my mother] was listening when the flow of water from the kitchen faucet slowed to a trickle, or stopped altogether." Such is the power of Brahms' music; we stop to listen because its humanity commands our attention and touches our spirits. I'm playing Brahms for this service of healing and loss with the hope that, in the words of Alex Ross, you will find him a "counsellor and confidant."

UPCOMING IN CHAPEL

Monday, September 19 at 10:40 am: Monday Mysteries and Text

Tuesday, September 20 at 11:30 am: A service of Holy Communion

Wednesday, September 21 at 10:40 am: Interfaith Chapel: A Discussion with Fardosa Hassan and Holly Brod Farber

Thursday, September 22: No Chapel due to Christensen Symposium with Professor Jeremy Myers

Friday, September 23 at 10:40 am: Coach Derrin Lamkers, Head Coach, Football Team

Wednesday Night Communion

September 21 at 8:00 pm in Hoversten Chapel. All students are invited to join us for Communion and Dinner Church -- a light supper of soup

Friday Prayer (Jummah): 1:30 pm in Hoversten Chapel.

AUGSBURG
UNIVERSITY

Campus Ministries | 104 Foss | (612) 330-1732

Daily Chapel

September 16, 2022

Community Space Naming Loss & Seeking Healing

Throughout the service, you are invited to write on the dissolvable paper found in your bulletin the losses, griefs, or burdens that you have been carrying throughout the pandemic. All will be given time to set it down later in the service.

PRELUDE *Intermezzo in E-flat Major, Op. 117* Johannes Brahms

WELCOME AND INTRODUCTION

SETTLING SONG "Listen" Bret Hesla

Listen, listen, be open, O my heart...
Watching watching, be open, O my heart...
Waiting, waiting, be open, O my heart...
Ever mindful
In this moment ...

POEM "Heavy" by Mary Oliver

That time
I thought I could not
go any closer to grief
without dying

I went closer,
and I did not die.
Surely God
had his hand in this,

as well as friends.
Still, I was bent,
and my laughter,
as the poet said,

was nowhere to be found.
Then said my friend Daniel
(brave even among lions),
"It is not the weight you carry

but how you carry it—
books, bricks, grief—

it's all in the way
you embrace it, balance it, carry it

when you cannot, and would not,
put it down."
So I went practicing.
Have you noticed?

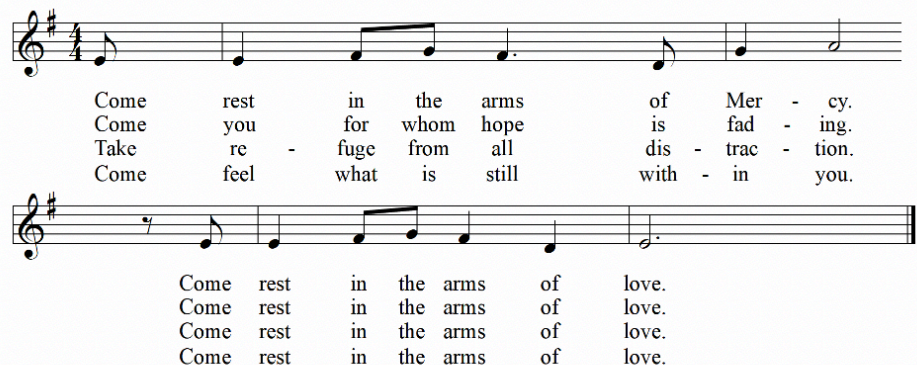
Have you heard
the laughter
that comes, now and again,
out of my startled mouth?

How I linger
to admire, admire, admire
the things of this world
that are kind, and maybe

also troubled—
roses in the wind,
The sea geese on the steep waves,
a love
to which there is no reply?

REFLECTION Ellie Olson, Director, Center for Wellness & Counseling

SONG "Come Rest in the Arms of Love" Bret Hesla



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LITANY OF LOSS AND HEALING

Together as community in this holy gathering,
we name before the Divine the losses we have experienced throughout this pandemic.

For lives lost: *(petitions offered aloud or silently)*

Holy One,

Hold our loss.

For health and wholeness lost: *(petitions offered aloud or silently)*

Holy One,

Hold our loss.

For opportunities, time, and events lost: *(petitions offered aloud or silently)*

Holy One,

Hold our loss.

For the losses we feel in body and spirit and those we are yet to discover as the pandemic continues: *(petitions offered aloud or silently)*

Holy One,

Hold our loss.

Together as community in this holy gathering,
we name before the Divine our hope for healing for each ourselves, one another, and the world.

For individuals, families, and communities seeking new ways of being while grieving the loss of loved ones: *(petitions offered aloud or silently)*

Holy One,

Heal our hearts.

For vigilance and attentiveness to keeping each other and our neighbors healthy and safe: *(petitions offered aloud or silently)*

Holy One,

Heal our hearts.

For restoration and justice for communities that have disproportionately affected by the pandemic: *(petitions offered aloud or silently)*

Holy One,

Heal our hearts.

For courage and strength to walk together into the days ahead clinging a hope beyond ourselves discovered in the beauty of this Augsburg community.
(petitions offered aloud or silently)

Holy One,

Heal our hearts.

O Spirit of Life, hear these and all our prayers, spoken and held in our quiet hearts. **Amen.**

RITUAL OF LETTING GO

During this time, all are invited to write on a piece of dissolving note paper the losses, griefs, or burdens they have been carrying throughout the pandemic. During the singing, you are welcome to place these papers in the water font in the chapel space as a step in the communal healing process we take together.

SONG "Letting Go"

Bret Hesla

Letting go. Letting go in You.

Letting peace flow into my heart.

Letting calm rest upon my soul.

Letting go. Letting go in You.

PRAYER

Holy One, source of all mercy, giver of comfort, and waters of healing:

On our hearts, on our lips, and on stone, we have named together the heavy losses we have carried in our bodies throughout these pandemic days. Receive them in your divine love, bind us together in hope, and empower us to seek healing for the sake of this Augsburg community, for our circles of connection, and for the world. This we pray trusting in the Wonder and Mystery that is you. **Amen.**