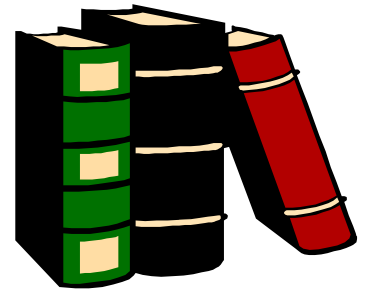


Study Effectively



Survey the Chapter

- ✓ Think about the title, what might be covered in the chapter?
- ✓ Read the introduction, the main ideas are presented.
- ✓ Read the summary, determine relationships within the main ideas.
- ✓ Read the sub-headings (bold type).

READ TO ANSWER THE QUESTIONS

- ✓ Critically assess subjects and evaluate them.
- ✓ Concentrate on the content pertaining to the relevant topics.

Question

- ✓ Answer the questions at the beginning or end of the chapter.
- ✓ Formulate questions by changing main-headings and sub-headings into questions.

Recite

- ✓ Answer the question, in your own words, not the author's.

Review

Increase retention and cut cramming time by 90% by **immediate** and **delayed review**. Five to ten minutes should be enough time for a chapter.

- ✓ Read your written questions.
- ✓ Recite the answers, consult notes if necessary.
- ✓ Review every week.