



2017 Fall Workshops

Welcome Back Open House

Thursday, September 7
1:00 pm - 3:00 pm
Location: TRIO/SSS Office

TRIO/SSS New Student Orientation

(Required session for all new students)
Monday, September 11 @ 12:30-1:30pm
Location: LIN 301
Thursday, September 14 @ 3:45-4:45pm
Location: LIN 301
Friday, September 15 @ 8:00 am-9:00 am
Location: SVE 102

UpTurnships Information/

Resume Workshop

Wednesday, September 13
4:30 pm - 5:30 pm
Location: OGC 200

Gilman Scholarship Workshop

Monday, September 18
3:00 pm - 3:30 pm
Tuesday, September 19
11:30 am - 12:00 pm
Location: Oyate Commons, CC

Study Abroad/Away Student Panel

Monday, September 25
3:15 pm– 4:15 pm
Location: OGC 200

Finding Your True Calling

Tuesday, October 10
2:00 pm - 3:00 pm
Location: OGC 100
Wednesday, October 11
12:30 pm—1:30 pm
Location: Lindell 202

Stress Busters

Wednesday, October 18
12:30 pm –1:30 pm
Location: Center for Wellness & Counseling

Money/Debt Management

Monday, October 23
12:30 pm - 1:30 pm
3:15 pm– 4:15 pm
Location: OGC 100

Debunking Major Myths

Wednesday, November 1
3:15 pm –4:15 pm
Thursday, November 2
12:30 pm – 1:30pm
Location: OGC 100

Internship Palooza

Tuesday, November 7
4:30 pm –6:00 pm
Location: OGC 202

Renew, Review, Refresh (Sophomores/2nd year)

Tuesday, November 14
3:45 pm - 4:45 pm
Location: OGC 200
Wednesday, November 15
12:30 pm-1:30 pm
Location: LIN 301
Friday, November 17
8:15 am-9:15 am
Location: OGC 100

End of the Semester Celebration

Friday, December 15
1:00 pm - 3:00 pm
Location: TRIO/SSS Office



Plan to attend at least two workshops this semester!
To register call: 612-330-1311, email triosss@augsborg.edu or
stop by our office in the Gage Center in Lindell Library, Suite 201.

TRIO/SSS Fall Workshop Descriptions

New Student Orientation

Learn about what it means to be a TRIO/SSS student & all that is offered. **Mandatory for all new students.**

Upturnships Information/Resume Workshop

Current sophomores and juniors highly encouraged to attend this workshop to learn about UpTurnships, a non-profit organization to prepare & motivate students for career success through training, coaching & paid internships during college. Bring resume for this work session. Talk to your TRIO advisor in advance of this workshop if you don't have a resume.

Gilman Scholarship Workshop

Are You a Pell Grant Recipient? You could be awarded between \$5000-\$8000 to study and/or intern abroad through this scholarship. Get tips on how to apply for this scholarship.

Study Abroad/Away

Have you always wanted to Study Abroad/Away? Or maybe the thought makes you anxious for some reason. At this workshop, you will hear from a panel of your peers who have studied abroad. They will share their stories and answer your questions. Staff from the Center for Global Education & Experience will also be there to share information.

Finding Your True Calling

The term "vocation", used often at Augsburg basically means a calling but what does that mean and how do you determine yours? This workshop will help you to understand this and learn ways to explore your true calling.

Stress Busters

Do you feel stressed, overwhelmed and/or have a hard time slowing down? These are very common feelings for college students. Come, relax, and learn some helpful stress reduction techniques from Jon Vaughan-Fier from the Center for Wellness and Counseling.

Money/Debt Management

This workshop will be led by a staff member from Augsburg's Student Financial Services. Finances are often one of the biggest stresses of college students. Arm yourself with knowledge by coming to this workshop and get information and ask questions to help alleviate stress and worries related to money so you can concentrate

Debunking Major Myths

The first 22 participants signed up for this workshop (must also attend), will receive a free copy of You Majored in What? The focus of this workshop will be to clear up common misperceptions about choosing a major. Whether you have decided on a major or are still deciding, this workshop could apply to you.

Internship Palooza

Join us for this workshop where you will learn more about the value of internships, and hear from a panel of representatives about **PAID** spring and summer opportunities.

Renew (scholarship-if applicable/commitment), **Review** (graduation plan), **Refresh**.

Required for Sophomore/2nd year students. Register for one of the 3 workshop times. This is a time for you to complete Scholarship/TRIO membership renewal and also make sure you are aware of the important things sophomores/second year students should know.