

**AUGSBURG COLLEGE
DEPARTMENT OF NURSING
NURS 410 Community Health I
Spring 2008-Rochester Campus**

FACULTY: Tabitha K. Hanson, MS, MPH, RN

FACULTY CONTACT INFORMATION: E-MAIL: hansomt@augsburg.edu
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COURSE CREDITS: 1 Course or 4 Semester Credits

CLASS DATES and TIMES:

Week	Date	Time
1	Monday--- 4/7/08	5:45 – 9:45 P.M.
2	Monday--- 4/21/08	5:45 – 9:45 P.M.
3	Monday--- 5/5/08	5:45 – 9:45 P.M.
4	Monday--- 5/19/08	5:45 – 9:45 P.M.
5	Monday--- 6/2/08	5:45 – 9:45 P.M.
6	Monday--- 6/16/08**	5:45 – 9:45 P.M.
7	Monday--- 6/23/08	5:45 – 9:45 P.M.

** = Denotes one week between classes

PLEASE NOTE: Quantitative Reasoning graduation skill is met by this course. All students who are taking this course must have met the Math Placement Level 3 skill.

COURSE OVERVIEW

This course introduces the student to community health nursing. This course prepares the student to identify, plan and care for individuals, families, groups and communities across care settings with particular emphasis on health inequities locally and globally. Students explore the complex social and health care systems in communities that influence the health and well being of population groups.

Students will be introduced to the seventeen interventions of public health nursing in the model developed by Public Health Nursing Section of the Minnesota Department of Health and to the essential services of public health. Students will also learn about the science of epidemiology and how to quantitatively analyze trends and patterns of disease within a community.

Students will collaborate in small groups to analyze a specific community. The students examine and systematically assess the community by: 1) completing a windshield survey and identifying the assets of the community; 2) identifying and interviewing key informants; 3) identifying the appropriate epidemiological data; 3) interpreting the data and comparing the data to regional, state or national standards; 4) developing a population based nursing diagnosis; 6) preparing a PowerPoint presentation of the summary of the results.

OBJECTIVES OF THE COURSE

- 1. Demonstrate respect for the inherent uniqueness and personal rights of the individual, groups, and communities within the context of society by:**
 - a. Critically reflecting on personal and cultural values as a health care professional.
 - b. Identifying the culture and the effect of culture on clients living in a community.
 - c. Identifying populations at high risk of illness, disability, premature death or poor recovery.

- 2. Apply nursing theories to nursing practice decisions with individuals, families, groups, systems and community in selected situations by:**
 - a. Utilizing public health theory and other professional frameworks to discuss the environment, the family, and individuals across the life span.
 - b. Defining the core functions and essential services of public health.
 - c. Describing the seventeen interventions of public health nursing in the model developed by Public Health Nursing Section of the Minnesota Department of Health.

- 3. Synthesize knowledge from the liberal arts with the arts and science of nursing by:**
 - a. Utilizing the epidemiological principles of incidence, distribution, and control of disease in a population, as well as the risk factors and environmental factors in community assessment.
 - b. Applying ethical principles to case studies with individuals, families, systems and communities.
 - c. Demonstrating the use of biostatistics for reporting on the community and in the setting of health goals.
 - d. Incorporating the Healthy People 2010 objectives into the assessment of the community.

- 4. Utilize a holistic nursing process to assist individuals, families, groups, systems and community to maximize their health potential by:**
 - a. Using an assessment framework to analyze a community.
 - b. Apply the nursing process in the community health setting.
 - c. Presenting a PowerPoint presentation of the assessment of a community.
 - d. Identifying community services, institutional resources, and other health care providers useful for assisting in promoting the health of populations.

REQUIRED TEXTS

1. Stanhope M. & Lancaster, J. (2006). *Foundations of nursing in the community*. (2nd Edition). St. Louis, MO: Elsevier Saunders.

Purchase this text through the Augsburg College Bookstore - ISBN 0-323-03209-5 or through MBS direct online

2. Public Health Nursing Section. (2001). *Public health interventions: Applications for public health nursing practice*. Minnesota Department of Health: St. Paul.

**This document can be retrieved at:*

http://www.health.state.mn.us/divs/cfh/ophp/resources/docs/phinterventions_manual2001.pdf

*This is a large document and you may want to print only the pages assigned. For example in week 1, we will look at pages 1 to 11, but there are several pages prior to getting to page #1. Please pay attention to the numbers at the bottom of the page. This is a PDF document. The assignments in the grid will refer to the document as **Public Health Interventions***

3. Office of Public Health Practice. (2007). *Community Health Assessment and Action Planning Handbook (CHAAP) 2005-2009*. Minnesota Department of Health: St. Paul.

**This document can be retrieved at:*

<http://www.health.state.mn.us/divs/cfh/ophp/system/planning/chaap/docs/handbook-072307.pdf>

4. American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th Ed.). Washington, DC.

Purchase online or via Augsburg College Bookstore – you should have this in your library.

5. Website Resources: Students have access to the web site for the course provided by the publisher at <http://evolve.elsevier.com/stanhope/foundations> (This is case sensitive address.) You will need to register to use this site so that you can access a password.

IMPORTANT NOTICE -TEACHING METHODS and USE OF MOODLE

Lecture, discussion, audio-visual presentations, pre-class reading, writing assignments, small group activities, computer discussion groups, and class participation will be utilized.

This course information and course activities will be on Moodle at the Augsburg College site: www.augsburg.edu. The directions on how to access Moodle are on the web. You will have to click into Augnet and click into Moodle – it is currently towards the middle of the page underneath the login command. Moodle will be used for posting assignments, the syllabus, and the weekly grid.

In accordance with Augsburg policy, all e-mail communication with students will be initiated through the student's official Augsburg e-mail address. Forwarding of e-mail to personal accounts is the responsibility of the student.

TEACHING-LEARNING RESPONSIBILITIES:

Teaching and learning is a mutual commitment on the part of students and faculty. Students are responsible for their own learning and are responsible for meeting the requirements of the class. These expectations include, but are not limited to, appropriate preparation, attendance and participation in class, on-time submission of written work, on-going self-assessment of learning needs and professional growth.

The instructors are responsible for teaching by creating an environment conducive to student learning, acting as a learning resource and support, guiding the students to appropriate sources of information, identifying relevant learning activities and being available as needed to help the student achieve the stated course objectives. Thus, it is intended that, throughout this course, a continuous and mutual process of teaching/learning will occur resulting in the personal and professional growth of all concerned.

Students with special learning or physical differences (formally diagnosed) have legal rights to course modifications. Please identify yourself to the professor so that the professor may assist you with your course progress. All students have the right to use the Augsburg College Class Office and the Augsburg College Counseling Office, as well as to receive tutoring assistance from the Writing Lab program. Writing lab hours will be presented on the first night of class.

Appropriate grammar and spelling are a basic expectation of all work submitted. APA style format is required for all papers, unless otherwise specified.

Unless there are exigent circumstances, *no extensions* will be granted in this course. Incomplete grades are given only in accordance with Augsburg College policy and are intended to be used when a student has an event such as an illness or special family need. Incomplete grades cannot be used to complete work or to rewrite work that was not satisfactory.

COURSE GRADING

This course is a full credit course and the total number of points is 400
Grading Scale

<u>Points</u>	<u>Grade</u>	<u>Percent</u>
372-400	4.0	93% +
352-371	3.5	88% +
332-351	3.0	83% +
312-331	2.5	78% +
292-311	2.0	73% +

Assignments for Course

Title of Assignment	Points	Date Due
Community Health in the News (on Moodle)	60	Weeks 2,3 4, and 5
Individual-level Assessment and Intervention	100	Week 3
Community Assessment Project		
<ul style="list-style-type: none"> • Windshield survey and description of the selected community– (Group Option**) 	50	Week 4
<ul style="list-style-type: none"> • Collection /Analysis of Data and Public Health Issue Statements-- Individual Grade* 	150	Week 6
<ul style="list-style-type: none"> • PowerPoint presentation of Community Assessment and Population-based Intervention Plan -(Group Option)** 	40	Week 7
TOTAL POINTS POSSIBLE	400	

**** Group work is optional for this assignment.**

***Individual work for this assignment.**

GENERAL INFORMATION

ATTENDANCE POLICY: This class is conducted in accordance with the attendance policies of the Weekend College. If the student is unable to attend class due to illness, the student must notify her/his instructor. If the student is absent twice for any reason the instructor reserves the right to ask the student to drop the class and retake the class at a later date. Students are expected to participate in the learning activities of each course and attend classes regularly. Students who miss regularly scheduled classes will need to notify the faculty member, if possible, prior to class.

DEPARTMENT OF NURSING POLICY ON CITATIONS

It is the policy of the Department of Nursing that papers or tests containing plagiarized material will be given a grade of **zero** and there will be **no** opportunity for **re-writes**. *Omitted citations are considered plagiarism*. Please review the student handbook and the Nursing Department Handbook to review the consequences of engaging in plagiarism. APA style is required.

DISABILITY ACCESS

To request academic accommodations due to a disability, please contact the CLASS Office (612-330-1053) or the Access Center (612-330-1749). Guidelines are presented on the Access Center Home Page found at: <http://www.augsburg.edu/accesscenter>. If you have a letter from one of these offices indicating you have a disability that requires academic accommodations, please present the letter to your instructor to assist in their providing the accommodations that you will need in this class.

LATE POLICY FOR N 410

- Evaluation will be based on the on-time, satisfactory completion of all course requirements.
- Unexcused/unexplained late papers will result in a loss of half a grade point for each day they are late (including weekends).
- Papers can be submitted by mail in negotiation with faculty. Students may reach faculty via e-mail or telephone to arrange a drop off of papers.
- If you will be unable to attend class on a given due date, due to previously scheduled commitments, papers are expected to be handed in prior to your absence unless negotiated in advance with your faculty member. Students will notify faculty at least 24 hours in advance.
- In case of unexpected crisis, students may negotiate with faculty for a late paper exception. This will result in no loss of points. It is required that students notify faculty of these situations and keep the faculty informed.

FACULTY OFFICE HOURS

You can leave messages at: 507-292-8923 to arrange meetings or contact me via email.

E-mail Address: hansont@augburg.edu